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Live In-Person & Live Stream Conference

WHO SHOULD ATTEND

Clinical Professionals:

All mental health professionals including, but not limited to Clinical Counsellors, Psychologists, Psychotherapists, Social Workers, Nurses, Occupational Therapists, Hospice and Palliative Care Workers, Youth Workers, Mental Health Workers, Addiction Specialists, Marital & Family Therapists, Speech Language Pathologists, Vocational Rehabilitation Consultants, School Counsellors, Behaviour Specialists, Rehabilitation Consultants, Geriatric Specialists, and all professionals looking to enhance their therapeutic skills.

LIVE IN-PERSON

- Complimentary tea, coffee and assorted pastries
 - On-site exhibitors
- Please note, in-person registration does not include access to the live stream or recorded footage.

LIVE STREAM FROM HOME

This conference will be live streaming from Richmond, BC to online participants on November 25-27, 2024 from 8:30am - 4:00pm PT

Recorded footage and all course content will be available until December 28, 2024. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

Live stream registration:
www.webinars.jackhirose.com

The Many Pathways to Healing Conference

Trauma, Addictions & Related Disorders

November 25-27, 2024

Monday to Wednesday
8:30am to 4:00pm

Richmond, BC

Executive Hotel Vancouver Airport
7311 Westminster Hwy



John Arden
Ph.D.



Caroline Buzanko
Ph.D., R. Psych



Steve Grinstead
M.A.



Sara Klinkhamer
MA, RCC



Pamela Malkoff Hayes
MFT, LMHC



Carissa Muth
Psy.D., CCC



Gordon Neufeld
Ph.D.



Jennifer Patterson
Psy.D., LCPC

A Conference Tailored to Mental Health Professionals at All Levels and Any Profession that Applies Behavioural and Developmental Science to Practice

- An Integrated Approach to Trauma Treatment
- Stress and Trauma
- A Mind-Body Approach to Address Chronic Pain and Co-Existing Disorders
- Conquering Anxiety
- Proven Interventions for Complex PTSD
- Effective and Strategic Intervention Plans to Reduce Relapse Episodes
- Motivational Interviewing Techniques
- Art Therapy Interventions for Anxiety, Chronic Pain, Addictions, Grief and Loss
- Couples Therapy to Transform Your Practice
- Acceptance and Commitment Therapy
- MDMA-Assisted Psychotherapy for PTSD & Improving Social Connectedness

JACKHIROSE.COM | 1.800.456.5424

The Many Pathways to Healing Conference | Richmond, BC

AGENDA	DAY 1 Monday, November 25	DAY 2 Tuesday, November 26	DAY 3 Friday, November 27
<p>Morning Session 8:30 AM – 11:45 AM</p> <p>Break 10:30 AM – 10:45 AM</p> <p>Choose one morning workshop per day.</p>	<p>1. An Integrated Approach to Trauma Treatment: Synthesizing Neuroscience, Attachment Theory and Evidence-Based Modalities - John Arden, Ph.D.</p> <p>2. Stress and Trauma: An Attachment-Based Perspective - Gordon Neufeld, Ph.D.</p>	<p>5. A Mind-Body Approach to Address Chronic Pain and Co-Existing Disorders - Steve Grinstead, M.A.</p> <p>6. Conquering Anxiety: Strategies for Helping Your Anxious Clients - Caroline Buzanko, Ph.D.</p> <p>7. Proven Interventions for Complex PTSD - Carissa Muth, Psy.D., CCC</p>	<p>11. Art Therapy Interventions for Anxiety, Chronic Pain, Addictions, Grief and Loss - Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC</p> <p>12. Couples Therapy to Transform Your Practice: Help Couples Build Lasting Relationships that Thrive - Carissa Muth, Psy.D., CCC</p> <p>13. Acceptance and Commitment Therapy: Transcending Traditional Approaches - Jennifer Patterson, Psy.D.</p>
<p>Lunch Break 11:45 AM – 12:45 PM</p>	<p>Lunch Option Add-On \$25 per person, per day (plus 18% gratuity and 12% GST/PST = \$32.50). Visit www.jackhirose.com for the full menu.</p> <p><i>Limited quantities are available. Must pre-buy during registration, not available at the door. Individuals with strict dietary needs or preferences can pre-order lunch off the menu through the hotel restaurant. Lunch buffets are non-refundable, no refund or credit will be granted under any circumstance.</i></p>		
<p>Afternoon Session 12:45 PM – 4:00 PM</p> <p>Break 2:15 PM – 2:30 PM</p> <p>Choose one afternoon workshop per day.</p>	<p>3. An Integrated Approach to Trauma Treatment: Synthesizing Neuroscience, Attachment Theory and Evidence-Based Modalities (CONTINUATION) - John Arden, Ph.D.</p> <p>4. Stress and Trauma: An Attachment-Based Perspective (CONTINUATION) - Gordon Neufeld, Ph.D.</p>	<p>8. Effective and Strategic Intervention Plans to Reduce Relapse Episodes - Steve Grinstead, M.A.</p> <p>9. Conquering Anxiety: Strategies for Helping Your Anxious Clients (CONTINUATION) - Caroline Buzanko, Ph.D.</p> <p>10. Motivational Interviewing Techniques: Brief Interventions to Help the Unmotivated Client - Carissa Muth, Psy.D., CCC</p>	<p>14. Art Therapy Interventions for Anxiety, Chronic Pain, Addictions, Grief and Loss (CONTINUATION) - Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC</p> <p>15. MDMA-Assisted Psychotherapy for PTSD & Improving Social Connectedness - Carissa Muth, Psy.D., CCC</p> <p>16. Acceptance and Commitment Therapy: Transcending Traditional Approaches (CONTINUATION) - Jennifer Patterson, Psy.D.</p>

For further information about workshop sessions please visit, jackhirose.com

Live Stream From Home

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Speaker Bios



JOHN ARDEN, PH.D.

John Arden, Ph.D. is the author of 14 books, including *Brain2Brain: Enacting Client Change Through the Persuasive Power of Neuroscience*, *The Brain Bible: How to Stay Vital, Productive, and Happy for a Lifetime*, *Rewire Your Brain: Think Your Way to a Better Life*, *Brain-Based Therapy with Adults: Evidence-Based Treatment for Everyday Practice* and *Brain-Based Therapy with Children and Adolescents: Evidence-Based Treatment for Everyday Practice* (with Lloyd Linford). Dr. Arden serves as Director of Training in Mental Health for Kaiser Permanente in the Northern California region.

"He was a fantastic speaker who used personal stories, a sense of humour and experience to create a purposeful and live use of information."



CAROLINE BUZANKO, PH.D.

Caroline Buzanko, Ph.D. is a Psychologist. Mother. International Speaker. Yoda of Anxiety. Neurodivergent Superhero. Changer of Lives. She is a dynamic force in the field of psychology, dedicating nearly three decades to transforming the lives of children, teens, and their families. With a dedicated commitment to fostering deep connections, instilling unwavering confidence, igniting motivation, and building resilience in the face of challenges, Dr. Buzanko's mission is clear: to ensure that every child and teenager receive the understanding and support they deserve.

"The presenter was very knowledgeable in her area of expertise. She provided several personal and work-related examples; this was extremely helpful. This webinar will definitely help me in my work as a school psychologist. Thank you Caroline!"



STEVE GRINSTEAD, DR. AD, LMFT, ACRPS

Steve Grinstead, Dr. AD, LMFT, ACRPS is an author and nationally recognized expert in preventing relapse related to chronic pain disorders and is the developer of the *Addiction-Free Pain Management System*. He has been working with pain management, addictive disorders and coexisting mental and personality disorders for two decades. He was formerly in private practice in Sacramento as well as consulting for pain clinics in Sacramento, Auburn, and Yuba City, California working with patients experiencing chronic pain and substance use disorders. Dr. Grinstead has a Bachelors Degree in Behavioral Science, a Masters Degree in Counseling Psychology and a Doctorate in Addictive Disorders. He is a Licensed Marriage and Family Therapist, (LMFT) a California Certified Alcohol and Drug Counselor (CADC-II), and an Advanced Relapse Prevention Specialist (ACRPS).



SARA KLINKHAMER MA, RCC

Sara brings a background of working on the Downtown Eastside in Vancouver for more than 10 years, which has given her much experience working with addiction and mental health issues, particularly trauma. Sara has also worked in both residential and outpatient settings as a concurrent disorders counsellor. Her strong belief in the worth of each individual, optimism in the face of adversity, as well as respect for autonomy and dignity, has served her well in this work. Sara completed her BA in psychology at Simon Fraser University in 2005 and her Masters of Counselling Psychology at Adler University in 2008. In 2009, Sara started a post-graduate program in Existential Analysis and in 2013 became a founding board member of the Existential Analysis Society of Canada. Sara joined the Sunshine Coast clinical team in 2016.



PAMELA MALKOFF HAYES, MFT, LMHC, LPC, ATR-BC

Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC is a Licensed Marriage and Family Therapist (MFT) in the states of California, Florida, Georgia, and Rhode Island. She is also a Registered and Board Certified Art Therapist with the American Art Therapy Association (AATA). Her specialties include: alcohol and drug addictions, relationships, families and parenting, depression and anxiety, grief, LGBTQ, gender identity and sexuality. She is also a court certified Sexual Abuse Evaluator and trained in Hypnotherapy, Eye Movement Desensitization Reprocessing (EMDR) and Emotional Freedom Techniques (EFT). Ms. Hayes has a Bachelors Degree in Fine Arts from Parsons School of Design in New York, NY and Otis/Parsons in Los Angeles, CA and a Graduate Degree in Marriage and Family Therapy and Art Therapy from The Notre Dame de Namur University in Belmont, CA



CARISSA MUTH, PSY.D., CCC

Carissa Muth, Psy.D. is a registered psychologist in Alberta and the Clinical Director at the Sunshine Coast Health Centre and Georgia Strait Women's Clinic. She holds Doctorate of Psychology, Master of Arts in Counselling, and Bachelor of Social Work degrees and ran a private practice in Alberta for the last eight years. Her research to date has focused on attachment theory, systems theory, and family involvement in addictions. With almost a decade of experience in inpatient and outpatient settings, Dr. Muth has provided psychological assessments, therapeutic treatments and conducted research in the field of substance addictions and comorbid psychological disorders. With a passion for learning, she has developed an eclectic understanding of the etiology and treatment of mental health and psychological disorders.



GORDON NEUFELD, PH.D.

Gordon Neufeld, Ph.D. is a Vancouver-based developmental psychologist with over 50 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a bestselling author (*Hold On To Your Kids*) and a leading interpreter of the developmental paradigm. Dr. Neufeld has a widespread reputation for making sense of complex problems and for opening doors for change. While formerly involved in university teaching and private practice, he now devotes his time to teaching and training others, including educators and helping professionals.

"I have no words to express my appreciation to Gordon Neufeld and to Hirose for bringing this valuable, life-changing information. The material taught resonates professionally and personally too. Thank you!"



JENNIFER PATTERSON, PSY.D., LCPC

Jennifer Patterson, Psy.D., LCPC, has a mission to offer evidence based psychotherapy to help others live full and abundant lives. She is the clinical director of the MidAmerican Psychological Institute (MPI) in Joliet, Illinois, and established MPI's Clinic for Compulsive Behaviors which aims to use evidenced-based treatment for behaviors like hoarding, self-injury and emotional eating. At MPI she supervises pre-doctoral candidates using ACT, Dialectical Behavior Therapy (DBT) and Functional Analytic Psychotherapy (FAP). Dr. Patterson also provides consultation for rehabilitation and pain patients at Silver Cross Hospital. Dr. Patterson received both her Master's and Doctoral degrees from the Illinois School of Professional Psychology and is an expert in Acceptance and Commitment Therapy (ACT) and empirically supported treatments.

REGISTRATION FORM

THE MANY PATHWAYS TO HEALING CONFERENCE:
TRAUMA, ADDICTIONS & RELATED DISORDERS

November 25-27, 2024
Richmond, British Columbia

► STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

► STEP 2 – SELECT ATTENDING DATE(S) & WORKSHOPS

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - NOV 25	<input type="checkbox"/> DAY 2 - NOV 26	<input type="checkbox"/> DAY 3 - NOV 27
<i>Please choose one morning workshop for each day.</i>	<input type="checkbox"/> Workshop #1 (AM)	<input type="checkbox"/> Workshop #5 (AM)	<input type="checkbox"/> Workshop #11 (AM)
	<input type="checkbox"/> Workshop #2 (AM)	<input type="checkbox"/> Workshop #6 (AM)	<input type="checkbox"/> Workshop #12 (AM)
		<input type="checkbox"/> Workshop #7 (AM)	<input type="checkbox"/> Workshop #13 (AM)
<i>Please choose one afternoon workshop for each day.</i>	<input type="checkbox"/> Workshop #3 (PM)	<input type="checkbox"/> Workshop #8 (PM)	<input type="checkbox"/> Workshop #14 (PM)
	<input type="checkbox"/> Workshop #4 (PM)	<input type="checkbox"/> Workshop #9 (PM)	<input type="checkbox"/> Workshop #15 (PM)
		<input type="checkbox"/> Workshop #10 (PM)	<input type="checkbox"/> Workshop #16 (PM)

► STEP 3 – SELECT APPLICABLE FEE

REGISTRATION	EARLY BIRD FEE	REGULAR FEE
Individual 1 Day	<input type="checkbox"/> \$289+tax	<input type="checkbox"/> \$309+tax
Individual 2 Day	<input type="checkbox"/> \$489+tax	<input type="checkbox"/> \$509+tax
Individual 3 Day	<input type="checkbox"/> \$699+tax	<input type="checkbox"/> \$719+tax
Group 3-7	<input type="checkbox"/> \$659+tax	<input type="checkbox"/> \$679+tax
Group 8-14	<input type="checkbox"/> \$639+tax	<input type="checkbox"/> \$659+tax
Group 15+	<input type="checkbox"/> \$619+tax	<input type="checkbox"/> \$639+tax
Full-Time Student	\$619+tax	\$639+tax

► STEP 4 – LUNCH ADD-ON

\$25 plus 18% gratuity and 12% GST/PST = \$32.50

NOV 25 NOV 26 NOV 27

Limited quantities are available. Must pre-buy during registration, not available at the door. Individuals with strict dietary needs or preferences can pre-order lunch off the menu through the hotel restaurant. Lunch buffets are non-refundable, no refund or credit will be granted under any circumstance.

Early Bird Cutoff Date: November 11, 2024
Registration and payment must be received by this date. **Full-Time Student Rate:** Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 5 – PAYMENT | Fees do not include tax (5% GST).

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

2 WAYS TO SAVE

\$20 OFF

EARLY BIRD DISCOUNT
Deadline: November 11, 2024

UP TO \$80 OFF

GROUP DISCOUNTS
See Step 3 for Savings & Fees.

4 WAYS TO REGISTER



ONLINE

www.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE

604-924-0296



MAIL

See address below right

RECOMMENDED ACCOMMODATION

Executive Hotel Vancouver Airport 7311 Westminster Hwy

Courtyard Standard Room – \$179.00 plus tax
Courtyard Junior suite – \$199.00 plus tax
Plaza Room – \$209.00 plus tax

HOW TO BOOK:

To make a reservation, please call 604-278-5555.

Please state you would like to book under the “Jack Hirose & Associates Seminars” block when booking your room to receive our group room rate.

*Please note, room reservations are subject to availability. Please keep in mind when booking Jack Hirose and Associates corporate guest rooms, reservations booked for most hotels can be cancelled within 48 hours. If you are booking guest rooms through third party websites in many instances the reservations booked cannot not be cancelled.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirose.com for more info.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: All cancellations must be submitted by email to registration@jackhirose.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** *Exceptions to this will not be granted.* If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES: PDF downloads of the certificate will be available after the event has ended: Please go to: <http://registration.jackhirose.com/certificates/>.

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can be downloaded from certificates.jackhirose.com.

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.

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