

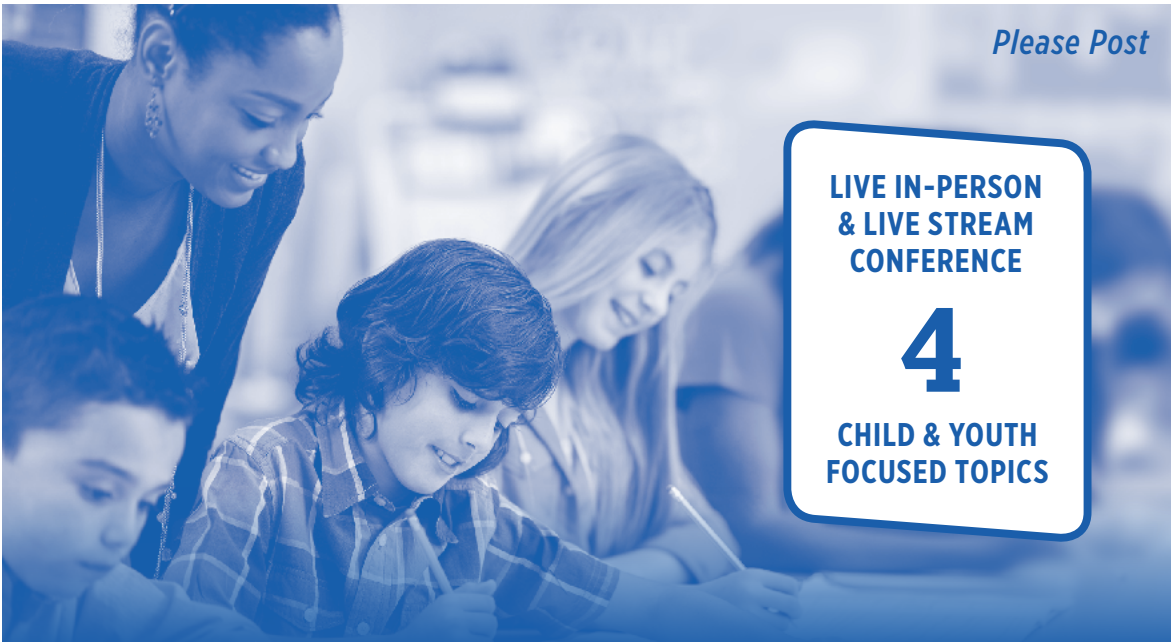
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**LIVE IN-PERSON  
& LIVE STREAM  
CONFERENCE**

**4**

**CHILD & YOUTH  
FOCUSED TOPICS**



**THE WINNIPEG CONFERENCE ON**

**Behavioural, Developmental  
& Emotional Challenges  
with Children & Adolescents**

**WHO SHOULD ATTEND**

**Education & Clinical Professionals:** All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers.

All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

**LIVE IN-PERSON**

- Complimentary tea, coffee and assorted pastries
- On-site exhibitors

Please note, in-person registration does not include access to the live stream or recorded footage.

**LIVE STREAM FROM HOME**

This conference will be live streaming from Winnipeg, MB to online participants on November 18-20, 2024 from 8:30am - 4:00pm CT

Recorded footage and all course content will be available until December 20, 2024. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

**Live stream registration:**  
www.webinars.jackhirose.com

**November 18–20, 2024**

Monday to Wednesday  
8:30am to 4:00pm

**Winnipeg, MB**

Best Western Plus Winnipeg  
1715 Wellington Avenue

**Gordon Neufeld**

Ph.D.



**Kathy Morris**

M.Ed.



**Caroline Buzanko**

Ph.D., R.Psych



- ✓ Addressing the Root Causes of Anxiety in Children and Adolescence
- ✓ After the Meltdown: 20 Practical Prevention & Intervention Strategies to Improve Self-Regulation, Executive Function & Explosive Behaviour
- ✓ Supporting Students: Understanding and Addressing Mental Health in the Classroom
- ✓ Positive Paths: Transforming Behaviour In Children & Adolescents with Essential Behaviour Modification Techniques

AGENDA	Monday, November 18	Tuesday, November 19	Wednesday, November 20
<b>Morning Session</b> 8:30 AM – 11:45 AM  <b>Break</b> 10:30 AM – 10:45 AM	1. <b>Addressing the Root Causes of Anxiety in Children and Adolescence</b> - Gordon Neufeld, Ph.D.	2. <b>After the Meltdown: 20 Practical Prevention &amp; Intervention Strategies to Improve Self-Regulation, Executive Function &amp; Explosive Behaviour</b> - Kathy Morris, M.Ed.	3. <b>Supporting Students: Understanding and Addressing Mental Health in the Classroom</b> - Caroline Buzanko, Ph.D., R. Psych
<b>Lunch Break</b> 11:45 AM – 12:45 PM	<b>Lunch Option Add-On:</b> \$30 per person, per day (plus 16% gratuity and 12% GST/PST = total, \$38.40.) <i>Go to <a href="http://JackHirose.com">JackHirose.com</a> for menu items offered.</i>		
<b>Afternoon Session</b> 12:45 PM – 4:00 PM  <b>Break</b> 2:15 PM – 2:30 PM	1. <b>Addressing the Root Causes of Anxiety in Children and Adolescence</b> - Gordon Neufeld, Ph.D.	2. <b>After the Meltdown: 20 Practical Prevention &amp; Intervention Strategies to Improve Self-Regulation, Executive Function &amp; Explosive Behaviour</b> - Kathy Morris, M.Ed.	4. <b>Positive Paths: Transforming Behaviour In Children &amp; Adolescents with Essential Behaviour Modification Techniques</b> - Caroline Buzanko, Ph.D., R. Psych

## DAY 1 | Monday, November 18, 2024

### WORKSHOP #1 - 8:30AM - 4:00PM

## Addressing the Root Causes of Anxiety in Children and Adolescence

- Presented by Gordon Neufeld, Ph.D.



There is currently an epidemic of anxiety and agitation affecting children and teens which can take many forms including attention problems, clinginess, eating problems, obsessions, compulsions, phobias, panic, sleep issues, physical illnesses, as well as a host of other perplexing behaviours. Today's world can create many

challenges for children and youth with school pressures, peer interactions, family dynamics, negative self-image, perfectionism, and many other stressors that can impede a child's ability to learn and mature. Whether it's the natural, episodic worries or more profound and crippling versions of anxiety, Dr. Neufeld will help make sense of the roots of anxiety and agitation and suggest ways in which we can help bring the anxious and agitated to rest.

### Learning Objectives

- Understanding the spectrum of syndromes that are all rooted in the primary emotion of alarm
- Appreciating the attachment roots of anxiety and agitation
- Exposing the emotional root of most attention problems
- Equipping with solutions that are both natural and developmental

Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with over 50 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a bestselling author (*Hold On To Your Kids*) and a leading interpreter of the developmental paradigm. Dr. Neufeld has a widespread reputation for making sense of complex problems and for opening doors for change. While formerly involved in university teaching and private practice, he now devotes his time to teaching and training others, including educators and helping professionals.

## DAY 2 | Tuesday, November 19, 2024

### WORKSHOP #2 - 8:30AM - 4:00PM

## After the Meltdown: 20 Practical Prevention & Intervention Strategies to Improve Self-Regulation, Executive Function & Explosive Behaviour

- Presented by Kathy Morris, M.Ed.



This 6-hour course offers comprehensive training for professionals and caregivers working with children or adolescents diagnosed with Autism Spectrum Disorder (ASD), Attention-Deficit/Hyperactivity Disorder (ADHD), or other developmental disorders. Participants will learn practical strategies to manage meltdowns,

tantrums, and challenging behaviors resulting from sensory overload and emotional dysregulation. The course emphasizes fostering positive behavior, enhancing self-regulation skills, and improving overall quality of life for individuals with neurodevelopmental differences.

### Learning Objectives

- Understand the functions of behavior during tantrums and meltdowns for effective intervention.
- Illustrate the connections between communication, social skills, and behaviors to facilitate interaction.
- Develop self-control and self-management skills using Breathe cards and Emotion charts.

Kathy Morris, M.Ed., has been a speech therapist, teacher for self-contained programs (including students with autism, severe behavioural difficulties, and cerebral palsy), resource teacher and first grade teacher. She was also a diagnostician/supervisor for all grade levels. She was a LIFE Skills/autism/behaviour/assistive technology consultant at a Texas education service center before leaving to start her own business in 1999. Her business, *igivuWings*, has reached families and educators throughout the world. Kathy has had over 42 years of experience working with children and adolescents with severe behavioural difficulties.

WORKSHOP #3 - 8:30AM - 11:45AM

## Supporting Students: *Understanding and Addressing Mental Health in the Classroom*

- Presented by Caroline Buzanko, Ph.D., R. Psych



Experience a transformative workshop that is meticulously designed for educators seeking to understand and effectively support students experiencing mental health challenges. Empower yourself with the knowledge, practical skills, and strategies essential for fostering a positive classroom atmosphere where all students can thrive, even when facing mental health difficulties.

Through a combination of presentations, interactive discussions, case studies, and practical activities, you will gain a deeper understanding of the common social, emotional, and behavioural challenges prevalent in today's classrooms. Master concrete, practical tools aimed at cultivating a positive educational environment and managing a spectrum of issues including oppositional defiant disorder (ODD) and other disruptive behaviours, attention deficit hyperactivity disorder (ADHD), pathological demand avoidance (PDA), autism, anxiety, and depression.

Through Dr. Buzanko's expert guidance and the practical strategies shared, you will leave equipped to create a welcoming, supportive, and inclusive learning environment that promotes student engagement, fosters harmonious interactions, and enhances overall academic and emotional well-being.

### Learning Objectives

- Recognize common mental health issues affecting students and understand their impact on learning and behaviour.
- Create a supportive and inclusive classroom environment that accommodates the mental health needs of all students.
- Connect and communicate effectively with students to foster a successful climate for engaged learning and collaboration.
- Identify the limitations of traditional approaches in addressing emotional and behavioural challenges.
- Understand the adaptive function of behaviours and reframe them to enable more effective interventions.
- Teach students core skills for managing emotional challenges and promoting resilience.
- Establish a foundation for supporting self-regulation.
- Develop and implement positive behaviour support strategies for students.
- Understand and address the psychological needs underlying disruptive behaviours.

Caroline Buzanko, Ph.D., R. Psych, is a Psychologist. Mother. International Speaker. Yoda of Anxiety. Neurodivergent Superhero. Changer of Lives. She is a dynamic force in the field of psychology, dedicating nearly three decades to transforming the lives of children, teens, and their families. With a dedicated commitment to fostering deep connections, instilling unwavering confidence, igniting motivation, and building resilience in the face of challenges, Dr. Buzanko's mission is clear: to ensure that every child and teenager receive the understanding and support they deserve. Renowned for her expertise in the assessment and support of anxiety, ADHD, ASD, learning, and behavioural challenges, Dr. Buzanko stands as a trusted ally, advocate, and go-to authority. Dr. Buzanko's research pursuits delve into the realms of resilience and growth, directly informing her clinical approach and resulting in innovative training programs and workshops that have transformed the practices of countless educators, caregivers, allied mental health professionals, and medical doctors. Dr. Caroline Buzanko is a captivating speaker and anyone who attends her workshops can expect to be enlightened, inspired, and equipped with practical strategies to empower the children and teens they work with.

WORKSHOP #4 - 12:45PM - 4:00PM

## Positive Paths: *Transforming Behaviour In Children & Adolescents with Essential Behaviour Modification Techniques*

- Presented by Caroline Buzanko, Ph.D., R. Psych



Addressing disruptive behaviours in children requires a delicate balance of assertiveness, understanding, and strategy.

In this workshop you will receive in-depth training on managing and transforming challenging behaviours through positive behaviour support strategies and conflict resolution skills. These strategies will address all behavioural challenges including Oppositional Defiant Disorder (ODD), Conduct Disorder (CD), Pathological Demand Avoidance (PDA), and screen addiction. By integrating case studies, evidence-based practices, and interactive discussions, you will learn how to address challenging behaviours without escalating situations.

Learn how to create positive, supportive environments that encourage desirable behaviours, enhance communication, and foster conflict resolution skills.

### Learning Objectives

- Gain Insight into Behavioral Influences: Participants will develop a deeper understanding of the multifaceted factors that influence children's behaviors, including emotional states, stressors, and underlying causes.
- Master Positive Behavior Support: Attendees will master the principles and practices of positive behavior support, equipping them with effective tools to encourage desirable behaviors and discourage negative ones.
- Foster Supportive Environments: Through skill-building exercises, participants will learn how to cultivate supportive relationships and environments that nurture positive behaviors, enhance communication, and foster conflict resolution skills.
- Implement Intervention Strategies: Attendees will learn practical intervention strategies tailored to address a spectrum of behavioral challenges, enabling them to manage and transform disruptive behaviors effectively.
- Handle Situations with Diplomacy: By understanding the cycle of escalation and crisis management techniques, participants will develop the skills necessary to handle challenging situations with composure and prevent escalation.

# REGISTRATION FORM



The Winnipeg Conference on Behavioural, Developmental & Emotional Challenges with Children & Adolescents

November 18-20, 2024  
Winnipeg, Manitoba

## ► STEP 1 – CONTACT INFO

Name \_\_\_\_\_

Position \_\_\_\_\_ School / Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Work Phone [ ] \_\_\_\_\_ Work Fax [ ] \_\_\_\_\_

Email \_\_\_\_\_

## ► STEP 2 – SELECT ATTENDING DATE(S) & WORKSHOPS

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - NOV 18	<input type="checkbox"/> DAY 2 - NOV 19	<input type="checkbox"/> DAY 3 - NOV 20
	Addressing the Root Causes of Anxiety in Children and Adolescence - Gordon Neufeld, Ph.D.	After the Meltdown - Kathy Morris, M.Ed.	Supporting Students - Caroline Buzanko, Ph.D. Positive Paths - Caroline Buzanko, Ph.D.

## ► STEP 3 – SELECT APPLICABLE FEE

REGISTRATION	EARLY BIRD FEE	REGULAR FEE
Individual 1 Day	<input type="checkbox"/> \$289+tax	<input type="checkbox"/> \$309+tax
Individual 2 Day	<input type="checkbox"/> \$489+tax	<input type="checkbox"/> \$509+tax
Individual 3 Day	<input type="checkbox"/> \$699+tax	<input type="checkbox"/> \$719+tax
Group 3-7	<input type="checkbox"/> \$659+tax	<input type="checkbox"/> \$679+tax
Group 8-14	<input type="checkbox"/> \$639+tax	<input type="checkbox"/> \$659+tax
Group 15+	<input type="checkbox"/> \$619+tax	<input type="checkbox"/> \$639+tax
Full-Time Student	\$619+tax	\$639+tax

## ► STEP 4 – LUNCH ADD-ON

**\$30 plus 16% gratuity and 12% GST/PST = \$38.40**

NOV 18     NOV 19     NOV 20

**Limited quantities are available.** Must pre-buy during registration, not available at the door. Individuals with strict dietary needs or preferences can pre-order lunch off the menu through the hotel restaurant. Lunch buffets are non-refundable, no refund or credit will be granted under any circumstance.

**Early Bird Cutoff Date:** November 4, 2024  
Registration and payment must be received by this date. **Full-Time Student Rate:** Please contact registration@jackhirore.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

## ► STEP 5 – PAYMENT | Fees do not include tax (5% GST).

Visa    Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ / \_\_\_\_\_

MasterCard    Cardholder Name \_\_\_\_\_

Cheque    Signature \_\_\_\_\_ Cheque # \_\_\_\_\_

### 2 WAYS TO SAVE

**\$20 OFF**

**EARLY BIRD DISCOUNT**  
Deadline: November 4, 2024

**UP TO \$80 OFF**

**GROUP DISCOUNTS**  
See Step 3 for Savings & Fees.

### 4 WAYS TO REGISTER



**ONLINE**

www.jackhirore.com



**EMAIL**

registration@jackhirore.com



**PHONE**

604-924-0296



**MAIL**

See address below right

## RECOMMENDED ACCOMMODATION

**Best Western Plus Winnipeg Airport Hotel**  
1715 Wellington Avenue

### HOW TO BOOK:

To make a reservation, please call 204-775-9889.

**Please state you would like to book under the "Jack Hirose & Associates Seminars" block when booking your room to receive our group room rate.**

\*Please note, room reservations are subject to availability. Please keep in mind when booking Jack Hirose and Associates corporate guest rooms, reservations booked for most hotels can be cancelled within 48 hours. If you are booking guest rooms through third party websites in many instances the reservations booked cannot not be cancelled.

### DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirore.com for more info.

### REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

### CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

### TERMS & CONDITIONS

**Our liability is limited to refunds for conference fees only.**

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

**CANCELLATION POLICY:** All cancellations must be submitted by email to registration@jackhirore.com.

Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances.

**Refunds** will be available **minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** *Exceptions to this will not be granted.* If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

**CERTIFICATES:** PDF downloads of the certificate will be available after the event has ended. Please go to: <http://registration.jackhirore.com/certificates/>.

**RECEIPTS:** Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can be downloaded from [certificates.jackhirore.com](http://certificates.jackhirore.com).

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.

PLEASE REVIEW OUR PRIVACY POLICY: [WWW.JACKHIRORE.COM](http://WWW.JACKHIRORE.COM)



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