

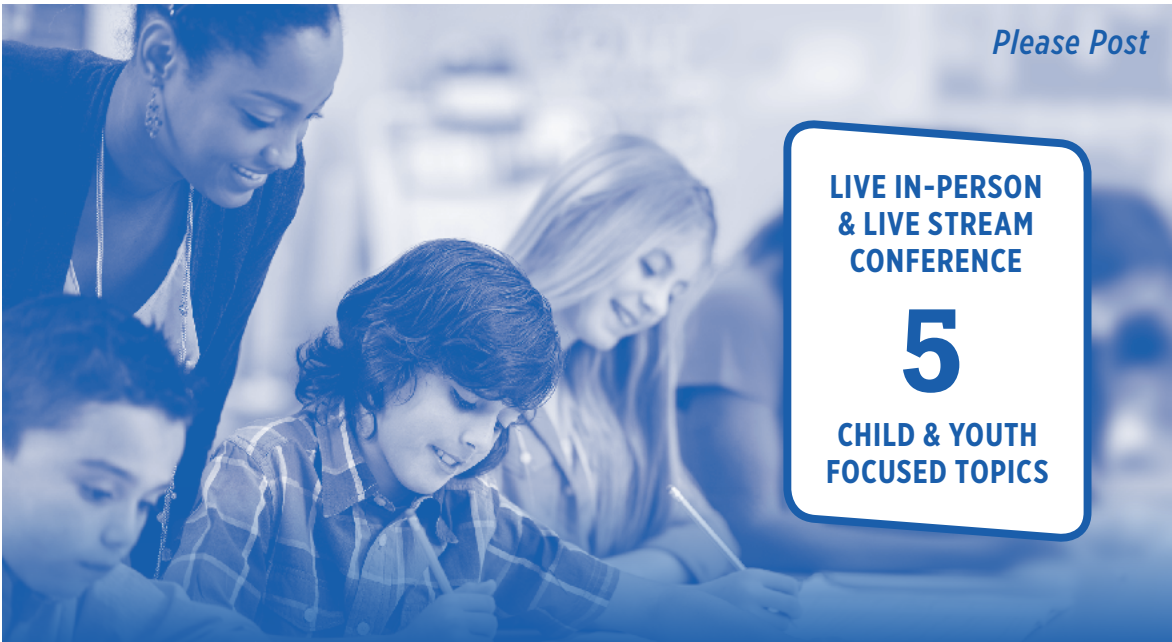
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**LIVE IN-PERSON
& LIVE STREAM
CONFERENCE**

5

**CHILD & YOUTH
FOCUSED TOPICS**



THE SASKATOON CONFERENCE ON

**Behavioural, Developmental
& Emotional Challenges
with Children & Adolescents**

WHO SHOULD ATTEND

Education & Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers.

All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

November 4-6, 2024

Monday to Wednesday
8:30am to 4:00pm

Saskatoon, SK

Saskatoon Inn & Conference Centre
2002 Airport Drive

LIVE IN-PERSON

- Complimentary tea, coffee and assorted pastries
- On-site exhibitors

Please note, in-person registration does not include access to the live stream or recorded footage.

LIVE STREAM FROM HOME

This conference will be live streaming from Saskatoon, SK to online participants on November 4-6, 2024 from 8:30am - 4:00pm CT

Recorded footage and all course content will be available until December 9, 2024. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

Caroline Buzanko
Ph.D., R.Psych



Steven G. Feifer
D.Ed.



Varleisha D. (Gibbs) Lyons
Ph.D., OTD, OTR/L, ASDCS



- ✓ **Proven Brief Interventions to Help Students with Emotional and Behavioural Problems**
- ✓ **Worried & Distressed: Dealing with Anxiety Disorders in School Age Children**
- ✓ **Fostering Social Emotional Learning Skills in Students**
- ✓ **Proven Interventions to Help Children & Adolescents with Reading and Writing Difficulties**
- ✓ **Self-Regulation & Mindfulness for the Classroom**

Live stream registration:
www.webinars.jackhirose.com

AGENDA	Monday, November 4	Tuesday, November 5	Wednesday, November 6
Morning Session 8:30 AM – 11:45 AM Break 10:30 AM – 10:45 AM	1. Proven Brief Interventions to Help Students with Emotional and Behavioural Problems - Caroline Buzanko, Ph.D., R. Psych	3. Fostering Social Emotional Learning Skills in Students - Steven G. Feifer, D.Ed., ABSNP	5. Self-Regulation & Mindfulness for the Classroom: Practical Strategies and Interventions - Varleisha D. (Gibbs) Lyons, Ph.D
Lunch Break 11:45 AM – 12:45 PM	Lunch Option Add-On: \$27.75 per person, per day (plus 18% gratuity and 11% GST/PST = total, \$35.79.) <i>Go to JackHirose.com for menu items offered.</i>		
Afternoon Session 12:45 PM – 4:00 PM Break 2:15 PM – 2:30 PM	2. Worried & Distressed: Dealing with Anxiety Disorders in School Age Children - Caroline Buzanko, Ph.D., R. Psych	4. Proven Interventions to Help Children & Adolescents with Reading and Writing Difficulties - Steven G. Feifer, D.Ed., ABSNP	6. Self-Regulation & Mindfulness for the Classroom: Practical Strategies and Interventions (CONTINUATION) - Varleisha D. (Gibbs) Lyons, Ph.D

DAY 1 | Monday, November 4, 2024

WORKSHOP #1 - 8:30AM - 4:00PM

Proven Brief Interventions to Help Students with Emotional and Behavioural Problems

- Presented by Caroline Buzanko, Ph.D., R. Psych



Every child and teen experiences emotional ups and downs and engages in challenging behaviours from time to time. Though frustrating, these reactions are an important part of development for all kids. However, these outbursts become a problem when they happen frequently, when they are excessive, and when they begin to impair a child or youth's functioning. Emotional and behavioural challenges have increased drastically among children and adolescents over the years with alarmingly high prevalence rates. Unfortunately, most go without effective support, which makes them susceptible for developing severe emotional and/or behavioural disorders that impair their social and emotional well-being, relationships, and development.

Early intervention and treatment are critical to support children and teen's social, emotional, and behavioural well-being and reduce future risk. Although teachers, parents, and mental health professionals know they need to help, they aren't always confident in how to do so - especially in the heat of the moment. They may have tried different strategies, but with limited success. Thankfully, these children and teens can be supported easily with the right tools and know-how. This dynamic workshop is vital for anyone working with children and teens. Participants will develop an understanding of what is going on for children and teens, what happens when the demands on them outweigh their capacity to cope, the underlying needs they have, and the function of an emotional or behavioural meltdown.

Learning Objectives

- Understand the unique stress kids and teens face and their underlying needs
- Identify the function of behaviours and emotions and typical adult traps that escalate emotional reactions and problematic behaviours
- Learn how to respond effectively when big emotions/behaviours show up and promote emotion regulation and positive behaviours

WORKSHOP #2 - 12:45PM - 4:00PM

Worried & Distressed: Dealing with Anxiety Disorders in School Age Children

- Presented by Caroline Buzanko, Ph.D., R. Psych



Think you've mastered everything you need to know about anxiety management? Think again - you might be surprised!

When it comes to supporting anxious students, most adults unknowingly perpetuate ineffective methods. For instance, do you provide accommodations to students to help relieve their anxiety? Do you advocate deep breathing or relaxation techniques as anxiety-busting strategies? If so, you may be unwittingly making student anxiety stronger.

Anxiety is at epidemic levels among children and teens. However, it is highly treatable when you know how to support students in helpful ways. This workshop is vital for every educator and school mental health professional committed to mastering their understanding of emotional health and to making a real difference in the lives of anxious students.

Revolutionize Your Approach to Enhance Student Well-Being.

This is not just another workshop on anxiety - it's a game-changer in mental health and education. Through practical applications and interactive learning, you will be equipped to support not just individual students but the entire classroom in managing anxiety and other big emotions while fostering emotional resilience.

Learning Objectives

- Transform your understanding of anxiety and emotional health
- Uncover the key pathways and what perpetuates anxiety in students
- Challenge conventional methods that inadvertently perpetuate anxiety
- Equip yourself as an effective anxiety/emotion regulation coach to promote resilient, confident, and well-adjusted students
- Understand the core skills that EVERY student needs to learn for emotional well-being

WORKSHOP #3 - 8:30AM - 11:45AM

Fostering Social Emotional Learning Skills in Students

- Presented by Steven G. Feifer, D.Ed., ABSNP



In the wake of the global pandemic, the mental health landscape in Canada has undergone significant challenges, particularly among children and adolescents. This workshop delves into the impact of mental health conditions on academic performance and social-emotional well-being in young learners.

Through a comprehensive exploration of assessment strategies, intervention techniques, and classroom accommodations, participants will gain insights into fostering emotional growth and resilience in students. From understanding the prevalence of emotional disabilities to dissecting the neurological underpinnings of stress and trauma, this course equips educators with practical tools to support students' holistic development.

Learning Objectives

- Discuss the prevalence of children with emotional disabilities in Canada.
- Explore the intricate relationship between emotional wellness and successful academic performance.
- Examine key brain regions impacted by stress, anxiety, and depression in students.

WORKSHOP #4 - 12:45PM - 4:00PM

Proven Interventions to Help Children & Adolescents with Reading and Writing Difficulties

- Presented by Steven G. Feifer, D.Ed., ABSNP



This intensive 3-hour course delves into the cognitive neuroscience behind language-based learning disorders in children and adolescents. Participants will explore reading and writing disorders through a brain-based educational lens, gaining insights into classification, assessment, and intervention strategies.

Learning Objectives

- Differentiate between developmental dyslexia, dysgraphia, and other learning disorders.
- Introduce a brain-based educational model for understanding reading and writing disorders, classifying each into basic subtypes with linked remediation strategies.
- Discuss the impact of the pandemic on student achievement and the importance of diagnostic achievement tests.
- Analyze case studies to differentiate weaker learners from students with learning disabilities and develop targeted interventions for struggling learners.

WORKSHOP #5 - 8:30AM - 11:45AM

Self-Regulation & Mindfulness for the Classroom: *Practical Strategies and Interventions*

- Presented by Varleisha D. (Gibbs) Lyons, Ph.D, OTD, OTR/L, ASDCS



Embark on an illuminating journey with sought-after occupational therapist Dr. Varleisha (Gibbs) Lyons, PhD, OTD, OTR/L, ASDCS, FAOTA, as she guides you through a transformative six-hour workshop experience. Dr. Lyons will delve into the foundations of selecting appropriate interventions for students exhibiting challenging behaviors,

including hyperactivity, aggressiveness, self-stimulatory behaviors, and inattentiveness, among others.

In this workshop, participants will be ignited by the revelations uncovered in Dr. Lyons' evidence-based presentation. Through a simplistic yet profound exploration, attendees will gain a deep understanding of the connection between neuroscience and classroom performance, particularly in terms of self-regulation and sensory processing.

Additionally, participants will be introduced to the Classroom Self-Regulation and Mindfulness program, a cutting-edge approach designed to empower educators and therapists in fostering self-regulation skills among students.

Throughout this immersive workshop, attendees will navigate the intricacies of neurobiology and its intersection with various sensory strategies, techniques, and equipment used when working with children facing challenges with self-regulation.

WORKSHOP #6 - 12:45PM - 4:00PM

Self-Regulation & Mindfulness for the Classroom: *Practical Strategies and Interventions (Continuation)*

- Presented by Varleisha D. (Gibbs) Lyons, Ph.D, OTD, OTR/L, ASDCS



Diagnoses such as sensory processing disorder, trauma, autism, and ADHD will be addressed, with treatment techniques including mindfulness, social skill programs, music and movement, and respiratory-based approaches thoroughly analyzed.

Join Dr. Varleisha (Gibbs) Lyons on this enlightening journey as we unlock the keys to promoting self-regulation and sensory processing in the classroom, leaving equipped with invaluable insights and actionable strategies for transformative change.

Learning Objectives

- Gain comprehensive knowledge of the neuroscience underpinning self-regulation and sensory processing as it pertains to classroom performance.
- Summarize the characteristics of sensory processing challenges and their related diagnoses.
- Understand the neurological components relevant to both diagnosis and treatment.
- Explore the cause-and-effect relationships between intervention techniques and their neurological impact.
- Describe the evidence supporting current intervention techniques tailored for the classroom setting.

REGISTRATION FORM



The Saskatoon Conference on Behavioural, Developmental & Emotional Challenges with Children & Adolescents

November 4-6, 2024
Saskatoon, SK

► STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

► STEP 2 – SELECT ATTENDING DATE(S) & WORKSHOPS

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - NOV 4	<input type="checkbox"/> DAY 2 - NOV 5	<input type="checkbox"/> DAY 3 - NOV 6
	Proven Brief Interventions to Help Students... - Caroline Buzanko, Ph.D. Worried & Distressed - Caroline Buzanko, Ph.D.	Fostering Social Emotional Learning... - Steven G. Feifer, D.Ed. Proven Interventions to Help Children... - Steven G. Feifer, D.Ed.	Self-Regulation & Mindfulness for the Classroom - Varleisha D. (Gibbs) Lyons

► STEP 3 – SELECT APPLICABLE FEE

REGISTRATION	EARLY BIRD FEE	REGULAR FEE
Individual 1 Day	<input type="checkbox"/> \$289+tax	<input type="checkbox"/> \$309+tax
Individual 2 Day	<input type="checkbox"/> \$489+tax	<input type="checkbox"/> \$509+tax
Individual 3 Day	<input type="checkbox"/> \$699+tax	<input type="checkbox"/> \$719+tax
Group 3-7	<input type="checkbox"/> \$659+tax	<input type="checkbox"/> \$679+tax
Group 8-14	<input type="checkbox"/> \$639+tax	<input type="checkbox"/> \$659+tax
Group 15+	<input type="checkbox"/> \$619+tax	<input type="checkbox"/> \$639+tax
Full-Time Student	\$619+tax	\$639+tax

► STEP 4 - LUNCH ADD-ON

\$27.75 plus 18% gratuity and 11% GST/PST = **\$35.79**

NOV 4 NOV 5 NOV 6

Limited quantities are available. Must pre-buy during registration, not available at the door. Individuals with strict dietary needs or preferences can pre-order lunch off the menu through the hotel restaurant. Lunch buffets are non-refundable, no refund or credit will be granted under any circumstance.

Early Bird Cutoff Date: October 21, 2024
Registration and payment must be received by this date. **Full-Time Student Rate:** Please contact registration@jackhirore.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 5 – PAYMENT | Fees do not include tax (5% GST).

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

2 WAYS TO SAVE

\$20
OFF

EARLY BIRD DISCOUNT
Deadline: October 21, 2024

UP TO
\$80
OFF

GROUP DISCOUNTS
See Step 3 for Savings & Fees.

4 WAYS TO REGISTER



ONLINE

www.jackhirore.com



EMAIL

registration@jackhirore.com



PHONE

604-924-0296



MAIL

See address below right

RECOMMENDED ACCOMMODATION

Saskatoon Inn and Conference Centre
2002 Airport Drive

\$149.00 per night plus tax

HOW TO BOOK:

To make a reservation, please call 306-242-1440.

Please state you would like to book under the "Jack Hirose & Associates Seminars" block when booking your room to receive our group room rate.

*Please note, room reservations are subject to availability. Please keep in mind when booking Jack Hirose and Associates corporate guest rooms, reservations booked for most hotels can be cancelled within 48 hours. If you are booking guest rooms through third party websites in many instances the reservations booked cannot not be cancelled.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirore.com for more info.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: All cancellations must be submitted by email to registration@jackhirore.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances.

Refunds will be available **minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** *Exceptions to this will not be granted.* If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES: PDF downloads of the certificate will be available after the event has ended: Please go to: <http://registration.jackhirore.com/certificates/>.

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can be downloaded from certificates.jackhirore.com.

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.

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