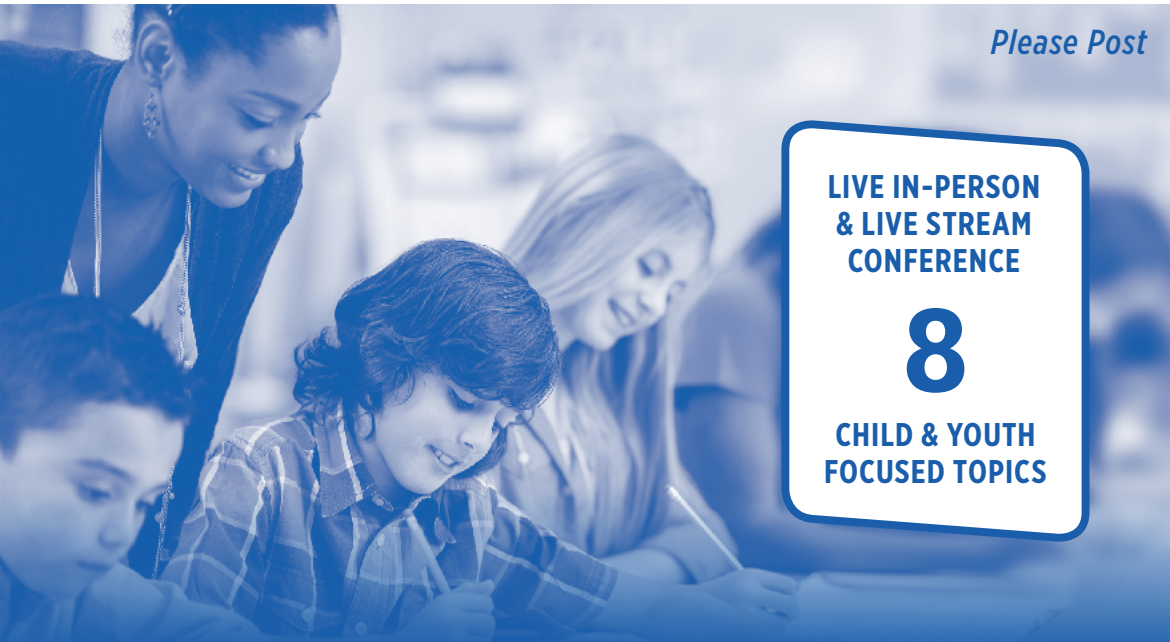


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LIVE IN-PERSON & LIVE STREAM CONFERENCE

8

CHILD & YOUTH FOCUSED TOPICS



THE EDMONTON CONFERENCE ON

Behavioural, Developmental & Emotional Challenges with Children & Adolescents

December 2-4, 2024

Monday to Wednesday 8:30am to 4:00pm

Edmonton, AB

Royal Hotel West Edmonton 10010 - 178 Street NW

WHO SHOULD ATTEND

Education & Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers.

All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

LIVE IN-PERSON

- Complimentary tea, coffee and assorted pastries
On-site exhibitors

Please note, in-person registration does not include access to the live stream or recorded footage.

LIVE STREAM FROM HOME

This conference will be live streaming from Edmonton, AB to online participants on December 2-4, 2024 from 8:30am - 4:00pm MT

Recorded footage and all course content will be available until January 5, 2025. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

Live stream registration: www.webinars.jackhirose.com

Lynne Kenney Psy.D.



Caroline Buzanko Ph.D., R.Psych



Gordon Neufeld Ph.D.



Pamela Malkoff Hayes MFT, LMHC, LPC, ATR-BC



- Working with Violent and Aggressive Children & Youth
Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents
Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!
Supporting the Anxious & Worried Mind in the Classroom and at School
Keeping Children Safe in a Wounding World
Nurturing Resilience
Stress and Resilience
Proven Brief Interventions to Help Students with Emotional and Behavioural Problems

AGENDA	Monday, December 2	Tuesday, December 3	Wednesday, December 4
Morning Session 8:30 AM – 11:45 AM Break 10:30 AM – 10:45 AM Choose one morning workshop per day.	1. Working with Violent and Aggressive Children & Youth - Gordon Neufeld, Ph.D. 2. Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents - Lynne Kenney, Psy.D.	5. Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More! - Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC 6. Supporting the Anxious & Worried Mind in the Classroom and at School - Caroline Buzanko, Ph.D., R. Psych	9. Keeping Children Safe in a Wounding World: A Fresh and Surprising Approach - Gordon Neufeld, Ph.D. 10. Nurturing Resilience: Empowering Children to Thrive through Challenges - Caroline Buzanko, Ph.D., R. Psych
Lunch Break 11:45 AM – 12:45 PM	Lunch Option Add-On: \$25 per person, per day (plus 18% gratuity and 5% GST/PST = total, \$30.75.) <i>Go to JackHirose.com for menu items offered.</i>		
Afternoon Session 12:45 PM – 4:00 PM Break 2:15 PM – 2:30 PM Choose one afternoon workshop per day.	3. Working with Violent and Aggressive Children & Youth (CONTINUATION) - Gordon Neufeld, Ph.D. 4. Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents (CONTINUATION) - Lynne Kenney, Psy.D.	7. Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More! (CONTINUATION) - Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC 8. Supporting the Anxious & Worried Mind in the Classroom and at School (CONTINUATION) - Caroline Buzanko, Ph.D., R. Psych	11. Stress and Resilience: How teachers and school culture can make a difference - Gordon Neufeld, Ph.D. 12. Proven Brief Interventions to Help Students with Emotional and Behavioural Problems - Caroline Buzanko, Ph.D., R. Psych

DAY 1 | Monday, December 2, 2024

WORKSHOP #1 - 8:30AM - 11:45AM

Working with Violent and Aggressive Children & Youth

- Presented by Gordon Neufeld, Ph.D.



Aggression problems are deeply rooted in instinct and emotion and are therefore resistant to conventional discipline practices. Dr. Neufeld uncovers these roots and outlines steps to addressing them. His rich professional experience with aggressive children

and violent youth informs this refreshing approach to an age-old problem. The principles apply to children of all ages and all settings: home, school and treatment. One of the foremost interpreters of the developmental approach tackles one of the oldest and most perplexing of human problems, exposing its deep developmental roots and revealing why conventional approaches to the problem are so ineffective. There are many indications that this problem is escalating among our children and youth. What tends to grab our attention is the more violating acts of aggression but what is truly alarming is the ground swell of attacking energy within and between our kids that erupts in their interaction, music, language, play, games and fantasies. This attacking energy is also fueling an alarming increase in suicide and suicidal ideation among children. Dr. Neufeld provides a way of understanding that not only explains what is happening around us but also provides insight into the individuals – both children and adults – who present with these problems.

WORKSHOP #3 - 12:45PM - 4:00PM

Working with Violent and Aggressive Children & Youth (*Continuation*)

- Presented by Gordon Neufeld, Ph.D.

WORKSHOP #2 - 8:30AM - 11:45AM

Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents

- Presented by Lynne Kenney, Psy.D.



In this dynamic and interactive 6-hour workshop, participants will delve into the fascinating realm of executive function skills and their pivotal role in academic achievement and lifelong success. Led by renowned pediatric psychologist and international educator, Dr. Lynne Kenney, this workshop will explore cutting-edge research from neuroscience, kinesiology, cognitive science, and neuroeducation.

Embark on a transformative journey that integrates research-based tools and activities into your educational practice, empowering you to enhance cognition, foster learning, and cultivate confident, self-regulated thinkers. Dress comfortably and be prepared to move and learn with enthusiasm, as we embark on this exciting exploration of executive function skills and cognitive-motor activities.

WORKSHOP #4 - 12:45PM - 4:00PM

Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents (*Continuation*)

- Presented by Lynne Kenney, Psy.D.

WORKSHOP #5 - 8:30AM - 11:45AM

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

- Presented by Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC



Join us in our upcoming workshop where you will expand your therapeutic toolkit with innovative art interventions designed to counter catastrophizing thoughts and negative self-talk. Discover how evidence-based treatments can empower your students to cultivate resilience, tolerate frustration, and navigate discomfort without resorting to immediate self-medication. Through this seminar, you will learn a repertoire of art interventions that facilitate emotional transformation, trauma processing, problem-solving, perspective shifting, and progress towards acceptance and gratitude.

Don't miss this opportunity to enrich your therapeutic practice and empower your students through the transformative potential of art therapy. Join us and embark on a journey towards fostering emotional resilience and growth in your students.

WORKSHOP #7 - 12:45PM - 4:00PM

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More! (Continuation)

- Presented by Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC

WORKSHOP #6 - 8:30AM - 11:45AM

Supporting the Anxious & Worried Mind in the Classroom and at School

- Presented by Caroline Buzanko, Ph.D., R. Psych



Think you've mastered everything you need to know about anxiety management? Think again - you might be surprised! When it comes to supporting anxious students, most adults unknowingly perpetuate ineffective methods. For instance, do you provide accommodations to students to help relieve their anxiety? Do you advocate deep breathing or relaxation techniques as anxiety-busting strategies? If so, you may be unwittingly making student anxiety stronger. Anxiety is at epidemic levels among children and teens. However, it is highly treatable when you know how to support students in helpful ways. This workshop is vital for every educator and school mental health professional committed to mastering their understanding of emotional health and to making a real difference in the lives of anxious students. Revolutionize your approach to enhance student well-being. This is not just another workshop on anxiety - it's a game-changer in mental health and education.

WORKSHOP #8 - 12:45PM - 4:00PM

Supporting the Anxious & Worried Mind in the Classroom and at School (Continuation)

- Presented by Caroline Buzanko, Ph.D., R. Psych

WORKSHOP #9 - 8:30AM - 11:45AM

Keeping Children Safe in a Wounding World: A Fresh and Surprising Approach

- Presented by Gordon Neufeld, Ph.D.



In this three-hour workshop, delve into the crucial understanding of emotional well-being in the lives of children and adolescents. Discover how the landscape of our children's world is increasingly fraught with emotional challenges and explore effective strategies to ensure their safety and support their development. Drawing upon groundbreaking insights from developmental science, Dr. Neufeld will unveil transformative solutions to address these pressing concerns.

WORKSHOP #11 - 12:45PM - 4:00PM

Stress & Resilience: How Teachers and School Culture Can Make a Difference

- Presented by Gordon Neufeld, Ph.D.



In this workshop, we will delve into the significant sources of stress in schools and explore how attachment issues contribute to this phenomenon. We will discuss how the traditional approach to education can exacerbate stress levels among students and hinder their emotional well-being. Additionally, we will examine the importance of cultivating a school culture that promotes positive relationships and empathy to create an environment where students can thrive.

Dr. Neufeld will share insights into the topics of school, stress, and resilience within the context of educational systems. Participants will gain a deeper understanding of how these factors intersect and impact student development.

WORKSHOP #10 - 8:30AM - 11:45AM

Nurturing Resilience: Empowering Children to Thrive Through Challenges

- Presented by Caroline Buzanko, Ph.D., R. Psych



Confidence and resilience are the secret ingredients to unlocking the true potential of our children. In this empowering workshop, you will delve into the essential tools you need to build unshakable confidence and resilience in kids, guiding them to navigate mistakes, stress, and setbacks in a healthy and constructive way. You will see how resilience can be nurtured through everyday interactions and structured support. You will identify key stressors that affect children and practical strategies that build strong coping mechanisms and foster a resilient mindset in children.

WORKSHOP #12 - 12:45PM - 4:00PM

Proven Brief Interventions to Help Students with Emotional and Behavioural Problems

- Presented by Caroline Buzanko, Ph.D., R. Psych



Every child and teen experiences emotional ups and downs and engages in challenging behaviours from time to time. Though frustrating, these reactions are an important part of development for all kids. However, these outbursts become a problem when they happen frequently, when they are excessive, and when they begin to impair a child or youth's functioning. Emotional and behavioural challenges have increased drastically among children and adolescents over the years with alarmingly high prevalence rates. Unfortunately, most go without effective support, which makes them susceptible for developing severe emotional and/or behavioural disorders that impair their social and emotional well-being, relationships, and development.

REGISTRATION FORM



The Edmonton Conference on Behavioural, Developmental & Emotional Challenges with Children & Adolescents

December 2-4, 2024
Edmonton, Alberta

► STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

► STEP 2 – SELECT ATTENDING DATE(S) & WORKSHOPS

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - DEC 2	<input type="checkbox"/> DAY 2 - DEC 3	<input type="checkbox"/> DAY 3 - DEC 4
<i>Please choose one morning workshop for each day.</i>	<input type="checkbox"/> Workshop #1 (AM)	<input type="checkbox"/> Workshop #5 (AM)	<input type="checkbox"/> Workshop #9 (AM)
	<input type="checkbox"/> Workshop #2 (AM)	<input type="checkbox"/> Workshop #6 (AM)	<input type="checkbox"/> Workshop #10 (AM)
<i>Please choose one afternoon workshop for each day.</i>	<input type="checkbox"/> Workshop #3 (PM)	<input type="checkbox"/> Workshop #7 (PM)	<input type="checkbox"/> Workshop #11 (PM)
	<input type="checkbox"/> Workshop #4 (PM)	<input type="checkbox"/> Workshop #8 (PM)	<input type="checkbox"/> Workshop #12 (PM)

► STEP 3 – SELECT APPLICABLE FEE

REGISTRATION	EARLY BIRD FEE	REGULAR FEE
Individual 1 Day	<input type="checkbox"/> \$289+tax	<input type="checkbox"/> \$309+tax
Individual 2 Day	<input type="checkbox"/> \$489+tax	<input type="checkbox"/> \$509+tax
Individual 3 Day	<input type="checkbox"/> \$699+tax	<input type="checkbox"/> \$719+tax
Group 3-7	<input type="checkbox"/> \$659+tax	<input type="checkbox"/> \$679+tax
Group 8-14	<input type="checkbox"/> \$639+tax	<input type="checkbox"/> \$659+tax
Group 15+	<input type="checkbox"/> \$619+tax	<input type="checkbox"/> \$639+tax
Full-Time Student	\$619+tax	\$639+tax

► STEP 4 - LUNCH ADD-ON

\$25 plus 18% gratuity and 5% GST/PST = **\$30.75**

DEC 2 DEC 3 DEC 4

Limited quantities are available. Must pre-buy during registration, not available at the door. Individuals with strict dietary needs or preferences can pre-order lunch off the menu through the hotel restaurant. Lunch buffets are non-refundable, no refund or credit will be granted under any circumstance.

Early Bird Cutoff Date: November 18, 2024
Registration and payment must be received by this date. **Full-Time Student Rate:** Please contact registration@jackhirore.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 5 – PAYMENT | Fees do not include tax (5% GST).

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

2 WAYS TO SAVE

\$20 OFF

EARLY BIRD DISCOUNT
Deadline: November 18, 2024

UP TO \$80 OFF

GROUP DISCOUNTS
See Step 3 for Savings & Fees.

4 WAYS TO REGISTER



ONLINE

www.jackhirore.com



EMAIL

registration@jackhirore.com



PHONE

604-924-0296



MAIL

See address below right

RECOMMENDED ACCOMMODATION

Royal Hotel West Edmonton
10010 - 178 Street NW

HOW TO BOOK:

To make a reservation, please call 780-484-6000. **Please state you would like to book under the "Jack Hirose & Associates Seminars" block when booking your room to receive our group room rate.**

*Please note, room reservations are subject to availability. Please keep in mind when booking Jack Hirose and Associates corporate guest rooms, reservations booked for most hotels can be cancelled within 48 hours. If you are booking guest rooms through third party websites in many instances the reservations booked cannot not be cancelled.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirore.com for more info.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only. Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: All cancellations must be submitted by email to registration@jackhirore.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds** will be available **minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** *Exceptions to this will not be granted.* If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES: PDF downloads of the certificate will be available after the event has ended: Please go to: <http://registration.jackhirore.com/certificates/>.

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can be downloaded from certificates.jackhirore.com.

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.

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