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LIVE IN-PERSON & LIVE STREAM CONFERENCE

10

CHILD & YOUTH FOCUSED TOPICS



THE VANCOUVER CONFERENCE ON

Behavioural, Developmental & Emotional Challenges with Children & Adolescents

November 25–27, 2024

Monday to Wednesday
8:30am to 4:00pm

Richmond, BC

Executive Hotel Vancouver Airport
7311 Westminster Hwy

WHO SHOULD ATTEND

Education & Clinical Professionals: All education and mental health or healthcare professionals who work with children or youth including, but not limited to K-12 Classroom Teachers, School Counsellors, Learning Assistance/Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers.

All other professionals who support behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

LIVE IN-PERSON

- Complimentary tea, coffee and assorted pastries
- On-site exhibitors

Please note, in-person registration does not include access to the live stream or recorded footage.

LIVE STREAM FROM HOME

This conference will be live streaming from Vancouver, BC to online participants on November 25 - 27, 2024 from 8:30am - 4:00pm PT

Recorded footage and all course content will be available until December 28, 2024. Please allow 3-5 business days after the conference has ended for recorded footage to become available.

Live stream registration:
www.webinars.jackhirose.com

Lynne Kenney
Psy.D.



Caroline Buzanko
Ph.D., R.Psych



Gordon Neufeld
Ph.D.



Pamela Malkoff Hayes
MFT, LMHC, LPC, ATR-BC



- ✓ Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities
- ✓ Optimizing Self-Regulation and Managing Big Emotions
- ✓ Stress and Trauma
- ✓ The Current Crisis of Well-Being in Our Children and Youth
- ✓ Art Therapy
- ✓ Conquering Anxiety
- ✓ Igniting the Spark: Strategies for Motivating the Disengaged Student
- ✓ Working with Stuck Kids
- ✓ Working with Oppositional, Defiant and Disruptive Children & Adolescents in the Classroom
- ✓ Making Sense of Adolescence

AGENDA	Monday, November 25	Tuesday, November 26	Wednesday, November 27
Morning Session 8:30 AM – 11:45 AM Break 10:30 AM – 10:45 AM Choose one morning workshop per day.	1. Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents - Lynne Kenney, Psy.D. 2. Optimizing Self-Regulation and Managing Big Emotions - Caroline Buzanko, Ph.D., R. Psych 3. Stress and Trauma - Gordon Neufeld, Ph.D.	7. The Current Crisis of Well-Being in Our Children and Youth: An Attachment-Based Developmental Perspective - Gordon Neufeld, Ph.D. 8. Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More! - Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC 9. Conquering Anxiety: Strategies for Helping Your Anxious Students - Caroline Buzanko, Ph.D., R. Psych	13. Igniting the Spark: Strategies for Motivating the Disengaged Student - Caroline Buzanko, Ph.D., R. Psych 14. Working with Stuck Kids: An Attachment Based Relational Perspective - Gordon Neufeld, Ph.D.
Lunch Break 11:45 AM – 12:45 PM	Lunch Option Add-On: \$25 per person, per day (plus 18% gratuity and 12% GST/PST = total, \$32.50.) <i>Go to JackHirose.com for menu items offered.</i>		
Afternoon Session 12:45 PM – 4:00 PM Break 2:15 PM – 2:30 PM Choose one afternoon workshop per day.	4. Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation... (CONTINUATION) - Lynne Kenney, Psy.D. 5. Optimizing Self-Regulation and Managing Big Emotions (CONTINUATION) - Caroline Buzanko, Ph.D., R. Psych 6. Stress and Trauma: (CONTINUATION) - Gordon Neufeld, Ph.D.	10. The Current Crisis of Well-Being in Our Children and Youth: (CONTINUATION) - Gordon Neufeld, Ph.D. 11. Art Therapy: (CONTINUATION) - Pamela Malkoff Hayes, MFT, LMHC, LPC, ATR-BC 12. Conquering Anxiety: (CONTINUATION) - Caroline Buzanko, Ph.D., R. Psych	15. Working with Oppositional, Defiant and Disruptive Children & Adolescents in the Classroom - Caroline Buzanko, Ph.D., R. Psych 16. Making Sense of Adolescence - Gordon Neufeld, Ph.D.

DAY 1 | Monday, November 25, 2024

WORKSHOP #1 - 8:30AM - 11:45AM

Strengthen Executive Function with 20 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Attention, Memory and Response Inhibition in Children and Adolescents

- Presented by Lynne Kenney, Psy.D.



In this dynamic and interactive 6-hour workshop, participants will delve into the fascinating realm of executive function skills and their pivotal role in academic achievement and lifelong success. Led by renowned pediatric psychologist and international educator, Dr. Lynne Kenney, this workshop will explore cutting-edge research from neuroscience, kinesiology, cognitive science, and neuroeducation. Embark on a transformative journey that integrates research-based tools and activities into your educational practice, empowering you to enhance cognition, foster learning, and cultivate confident, self-regulated thinkers.

WORKSHOP #4 - 12:45PM - 4:00PM

Strengthen Executive Function with 20 Brain Coaching... (Continuation)

- Presented by Lynne Kenney, Psy.D.

WORKSHOP #2 - 8:30AM - 11:45AM

Optimizing Self-Regulation & Managing Big Emotions

- Presented by Caroline Buzanko, Ph.D.



In today's world, our children and youth face an unprecedented level of stress and pressure, making it hard to effectively self-regulate and manage day-to-day stressors. As parents, educators, and mental health professionals, it's essential that we equip ourselves with effective strategies to help children and teens develop the skills they need to navigate life's challenges. When they don't know how to manage those emotions, problem behaviours often result and can negatively affect their physical, psychological, academic, and social well-being. For many, they struggle to meet even the most basic expectations. It is essential they receive the right support. Join us for a transformative workshop designed for mental health professionals, educators, parents, and caregivers to build self-regulation and emotional management skills in children and teens.

WORKSHOP #5 - 12:45PM - 4:00PM

Optimizing Self-Regulation & Managing Big Emotions (Continuation)

- Presented by Caroline Buzanko, Ph.D.

WORKSHOP #3 - 8:30AM - 11:45AM

Stress and Trauma: An Attachment-Based Perspective

- Presented by Gordon Neufeld, Ph.D.



Fresh insights from the sciences of development, emotion and attachment shed light on the hidden wisdom of the stress response, the essence of trauma, and the pivotal role of both attachment and emotion in etiology and recovery. What is also revealed in putting the pieces together is a common denominator that cuts across syndromes and diagnoses and informs intervention. This model of stress and trauma applies across all ages and venues, including educational settings, private practice, treatment programs, as well as personal healing and recovery. This model also has significant implications for the prevention, recognition and treatment of distressed children and youth, whether via the school, the family, special programs or direct treatment.

WORKSHOP #6 - 12:45PM - 4:00PM

Stress and Trauma (Continuation)

- Presented by Gordon Neufeld, Ph.D.

WORKSHOP #7 - 8:30AM - 11:45AM

The Current Crisis of Well-Being in Our Children and Youth: An Attachment-Based Developmental Perspective

- Presented by Gordon Neufeld, Ph.D.



What's happening to our kids? The alarming rise in anxiety, depression and attention problems, begs for an explanation. How is it that, in this time of relative prosperity, with children being more educated than ever, with knowledge now at our fingertips, children and adolescents are becoming increasingly more troubled? How is it that, in an age when kids are finally being seen and heard, when parenting is more child-centered than ever, when schools are finally prioritizing the well-being of students, their suffering is increasing?

WORKSHOP #8 - 8:30AM - 11:45AM

Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

- Presented by Pamela Malkoff Hayes, MFT



Join us in our upcoming workshop where you will expand your therapeutic toolkit with innovative art interventions designed to counter catastrophizing thoughts and negative self-talk. Discover how evidence-based strategies can empower your students to cultivate resilience, tolerate frustration, and navigate discomfort without resorting to immediate self-medication. Through this seminar, you will learn a repertoire of art interventions that facilitate emotional transformation, trauma processing, problem-solving, perspective shifting, and progress towards acceptance and gratitude.

WORKSHOP #9 - 8:30AM - 11:45AM

Conquering Anxiety: Strategies for Helping Your Anxious Students

- Presented by Caroline Buzanko, Ph.D.



Despite all the resources and training programs out there, in our post-pandemic world, anxiety is more pervasive than ever before, and people are finding it harder and harder to cope. Unfortunately, when they seek support, many anxious students do not receive the right kind of help and some professionals even make anxiety worse. In this workshop, you will discover evidence-based interventions and practical strategies to boost anxious student's internal locus of control and master anxiety. Designed specifically for school and mental health professionals, this workshop goes beyond the basics and offers specialized knowledge and skills to optimize outcomes with anxious students.

WORKSHOP #10 - 12:45PM - 4:00PM

The Current Crisis of Well-Being... (Continuation)

- Presented by Gordon Neufeld, Ph.D.

WORKSHOP #11 - 12:45PM - 4:00PM

Art Therapy (Continuation)

- Presented by Pamela Malkoff Hayes, MFT

WORKSHOP #12 - 12:45PM - 4:00PM

Conquering Anxiety (Continuation)

- Presented by Caroline Buzanko, Ph.D.

WORKSHOP #13 - 8:30AM - 11:45AM

Igniting the Spark: Strategies for Motivating the Disengaged Student

- Presented by Caroline Buzanko, Ph.D., R. Psych



Are you ready to ignite the flames of student engagement and unleash the untapped potential of every learner? Concerns over students meeting academic milestones are paramount in educational settings, often linked to issues of disengagement and lack of motivation. Disengagement has become an alarming challenge, especially since the impact of COVID-19. Since most kids lose their intrinsic motivation for learning in early elementary, we need to know how to break the barriers to engagement together and revolutionize the way we approach student motivation.

WORKSHOP #15 - 12:45PM - 4:00PM

Working with Oppositional, Defiant and Disruptive Children & Adolescents in the Classroom

- Presented by Caroline Buzanko, Ph.D., R. Psych



In today's complex world, most children and adolescents experience ups and downs and engage in challenging behaviours from time to time. However, these behaviours become problematic when they occur frequently and begin to impair daily function. The prevalence of emotional and behavioural issues in young individuals has surged, often without adequate support, leading to potential long-term consequences for their well-being and development. Early intervention and treatment are crucial to support the social, emotional, and behavioural wellbeing of children and adolescents and reduce future risks. However, many are unsure how to provide effective help, particularly in the heat of the moment.

WORKSHOP #14 - 8:30AM - 11:45AM

Working with Stuck Kids: An Attachment Based Relational Perspective

- Presented by Gordon Neufeld, Ph.D.



Not everyone grows up as they get older. The construct of psychological immaturity has been with us as an intuitive concept for ages, but only recently has developmental science advanced to a state where it can now yield effective strategies and interventions to address learning and behavioural challenges. Bestselling author of *Hold On To Your Kids*, Gordon Neufeld presents an integrated developmental approach to reaching troubled kids, using the constructs of attachment, vulnerability and maturation.

WORKSHOP #16 - 12:45PM - 4:00PM

Making Sense of Adolescence

- Presented by Gordon Neufeld, Ph.D.



Crossing the bridge from childhood to adulthood has never been so daunting. The time of adolescence is longer than ever and yet society today offers little support in understanding or facilitating this transition. This course is designed to be used by parents, grandparents, teachers, administrators, professionals – anyone who desires to make sense of adolescence. Parents of pre-teens will find this course invaluable as preparation for what lies ahead. The key to making sense of the adolescent is to understand the underlying developmental dynamics as well as the attachment needs of the adolescent. These needs are typically underestimated due to the physical maturity of adolescents and the resistance to dependence that can result from becoming prematurely attached to peers.

REGISTRATION FORM



The Vancouver Conference on Behavioural, Developmental & Emotional Challenges with Children & Adolescents

November 25-27, 2024
Richmond, BC

► STEP 1 – CONTACT INFO

Name _____

Position _____ School / Organization _____

Address _____

City _____ Province _____ Postal Code _____

Work Phone [] _____ Work Fax [] _____

Email _____

► STEP 2 – SELECT ATTENDING DATE(S) & WORKSHOPS

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - NOV 25	<input type="checkbox"/> DAY 2 - NOV 26	<input type="checkbox"/> DAY 3 - NOV 27
<i>Please choose one morning workshop for each day.</i>	<input type="checkbox"/> Workshop #1 (AM)	<input type="checkbox"/> Workshop #7 (AM)	<input type="checkbox"/> Workshop #13 (AM)
	<input type="checkbox"/> Workshop #2 (AM)	<input type="checkbox"/> Workshop #8 (AM)	<input type="checkbox"/> Workshop #14 (AM)
	<input type="checkbox"/> Workshop #3 (AM)	<input type="checkbox"/> Workshop #9 (AM)	
<i>Please choose one afternoon workshop for each day.</i>	<input type="checkbox"/> Workshop #4 (PM)	<input type="checkbox"/> Workshop #10 (PM)	<input type="checkbox"/> Workshop #15 (PM)
	<input type="checkbox"/> Workshop #5 (PM)	<input type="checkbox"/> Workshop #11 (PM)	<input type="checkbox"/> Workshop #16 (PM)
	<input type="checkbox"/> Workshop #6 (PM)	<input type="checkbox"/> Workshop #12 (PM)	

► STEP 3 – SELECT APPLICABLE FEE

REGISTRATION	EARLY BIRD FEE	REGULAR FEE
Individual 1 Day	<input type="checkbox"/> \$289+tax	<input type="checkbox"/> \$309+tax
Individual 2 Day	<input type="checkbox"/> \$489+tax	<input type="checkbox"/> \$509+tax
Individual 3 Day	<input type="checkbox"/> \$699+tax	<input type="checkbox"/> \$719+tax
Group 3-7	<input type="checkbox"/> \$659+tax	<input type="checkbox"/> \$679+tax
Group 8-14	<input type="checkbox"/> \$639+tax	<input type="checkbox"/> \$659+tax
Group 15+	<input type="checkbox"/> \$619+tax	<input type="checkbox"/> \$639+tax
Full-Time Student	\$619+tax	\$639+tax

► STEP 4 – LUNCH ADD-ON

\$25 plus 18% gratuity and 12% GST/PST = \$32.50

NOV 25 NOV 26 NOV 27

Limited quantities are available. Must pre-buy during registration, not available at the door. Individuals with strict dietary needs or preferences can pre-order lunch off the menu through the hotel restaurant. Lunch buffets are non-refundable, no refund or credit will be granted under any circumstance.

Early Bird Cutoff Date: November 11, 2024
Registration and payment must be received by this date. **Full-Time Student Rate:** Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 5 – PAYMENT | Fees do not include tax (5% GST).

Visa Credit Card # _____ Expiry _____ / _____

MasterCard Cardholder Name _____

Cheque Signature _____ Cheque # _____

2 WAYS TO SAVE

\$20 OFF

EARLY BIRD DISCOUNT
Deadline: November 11, 2024

UP TO \$80 OFF

GROUP DISCOUNTS
See Step 3 for Savings & Fees.

4 WAYS TO REGISTER



ONLINE

www.jackhirose.com



EMAIL

registration@jackhirose.com



PHONE

604-924-0296



MAIL

See address below right

RECOMMENDED ACCOMMODATION

Executive Hotel Vancouver Airport 7311 Westminster Hwy

Plaza/Courtyard room: \$179.00 per night plus tax
One bedroom condo suite: \$209.00 per night plus tax
Two bedroom condo suite: \$259.00 per night plus tax

HOW TO BOOK:

To make a reservation, please call 604-278-5555.

Please state you would like to book under the "Jack Hirose & Associates Seminars" block when booking your room to receive our group room rate.

*Please note, room reservations are subject to availability. Please keep in mind when booking Jack Hirose and Associates corporate guest rooms, reservations booked for most hotels can be cancelled within 48 hours. If you are booking guest rooms through third party websites in many instances the reservations booked cannot not be cancelled.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a \$10 manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirose.com for more info.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

Our liability is limited to refunds for conference fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

CANCELLATION POLICY: All cancellations must be submitted by email to registration@jackhirose.com. Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee will be available. No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event. Exceptions to this will not be granted.** If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

CERTIFICATES: PDF downloads of the certificate will be available after the event has ended: Please go to: <http://registration.jackhirose.com/certificates/>.

RECEIPTS: Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Additional copies can be downloaded from certificates.jackhirose.com.

Jack Hirose and Associates Inc reserves the right to change the speaker lineup for any reason including, but not limited to: sudden illness, family emergencies, travel delays, or Acts of God including weather, pandemic, etc. If these changes are made prior to an event, registrants will be notified via confirmation email, reminder email, and alerts on the webpage. If these changes are made last minute, during the event, an announcement will be made.

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