

EARN UP TO  
**21 CEUs**  
FOR 3 DAY  
ATTENDANCE



**9**  
SPEAKERS

**3**  
DAYS

# Healing & Treating **TRAUMA, ADDICTIONS** and Related Disorders

**NOVEMBER 16-18, 2016**

3 Days | Wed-Fri | 8:30AM - 5:00PM

**EDMONTON, AB**

DoubleTree by Hilton Hotel

3 Day Conference

## FEATURED SPEAKERS

DAY 1



Janina Fisher  
PH.D.



Lynn Lyons  
MSW



Mel Pohl  
M.D.

DAY 2



Richard C. Schwartz  
PH.D.



Stan Tatkin  
PSY.D.



Michael Stone  
MA

DAY 3



Sheri Van Dijk  
MSW, RSW



Gordon Neufeld  
PH.D.



Colleen Carney  
PH.D., CPSYCH

### WHO SHOULD ATTEND

All Therapists, Addiction Counsellors, Clinical Counsellors, School Counsellors, Employee Assistance Professionals, Human Resource Professionals, Mental Health Workers, Psychologists, Occupational Therapists, Psychiatric Nurses, Physicians, Family Therapists, Social Workers, Rehabilitation/Vocational Counsellors and all other Mental Health Professionals.

### CONFERENCE VENUE & HOTEL

DoubleTree by Hilton Hotel West  
16615 109<sup>th</sup> Ave NW, Edmonton  
Book a Room: 780-484-0821

### DISCOUNTS

Early bird and group registration discounts available.  
See website for rates and details.

### SPONSORS



# DEAR COLLEAGUE



I am pleased to announce **Canada's 7th Annual Premier Psychotherapy Conference: Healing and Treating Trauma, Addictions and Related Disorders** will be hosted in **Edmonton, Alberta, on November 16-18, 2016**.

Whether you are coming for the first time or attend this conference every year, all of us here at Jack Hirose and Associates would like to extend a warm welcome!

Over the past six years, our conference has trained over 2,500 mental health and education professionals. This year we have composed an entirely new lineup of cutting edge topics including: treating complex trauma, anxiety in adults, pain and addiction, mindfulness, emotions and pain treatment, trauma and the Internal Family Systems Model, Psychobiological Approach to Couple Therapy (PACT), mindfulness with neuroscience, essential clinical skills, DBT, the science of emotions, advanced CBT for insomnia and comorbid conditions and more!

Once again, we are honoured to co-sponsor this annual event in partnership with the Edgewood Health Network and the Edgewood Foundation. The Edgewood Health Network is the leader in alcohol and drug treatment and the only national network of adult inpatient and outpatient services across Canada.

It is my hope that this conference will allow you to acquire new skills, learn new techniques and rejuvenate your passion for this field of work. Please mark this event on your calendar, and I look forward to seeing you at our flagship event of the year!

Kind Regards,

**Jack Hirose, MA, CCC.**  
Jack Hirose and Associates Inc.



REGISTER TODAY & SAVE  
*Early Bird*  
Register by:  
November 2, 2016



## EARN 21 CEUs

This conference is eligible for 21 continuing education credit hours with the following organizations:

- Canadian Counselling and Psychotherapy Association
- Canadian Addiction Counsellors Certification Federation
- Employee Assistance Certification Commission (EAPA)
- Canadian Professional Counselling Association
- Canadian Vocational Rehabilitation Association
- Canadian Psychological Association (recognized by the Alberta College of Social Workers)
- Indigenous Certification Board of Canada






























## EXHIBITOR OPPORTUNITIES

As an exhibitor at this conference, you will receive an exclusive opportunity to network with our participants and educate them on your program. You will have space to display promotional materials and showcase your organization or business.

For more information visit [JACKHIROSE.COM/EXHIBIT](http://JACKHIROSE.COM/EXHIBIT)



AGENDA	DAY 1 Wednesday, November 16	DAY 2 Thursday, November 17	DAY 3 Friday, November 18
<b>8:30 AM – 8:45 AM</b>	<i>Morning Introductions</i>		
<b>1<sup>ST</sup> KEYNOTE</b> 8:45 AM – 9:45 AM	 <b>Janina Fisher, PH.D.</b> "To Err is Human": The Therapeutic Power of Repair	 <b>Richard C. Schwartz, PH.D.</b> The Treatment of Trauma and The Internal Family Systems Model	 <b>Sheri Van Dijk, MSW, RSW</b> Dialectical Behaviour Therapy: Not Just For BPD!
<b>2<sup>ND</sup> KEYNOTE</b> 9:45 AM – 10:45 AM	 <b>Lynn Lyons, MSW</b> Help Your Anxious Clients: Concrete Strategies for Treating Anxiety in Adults	 <b>Stan Tatkin, PSY.D.</b> Working with Complex Couples: An Introduction to PACT a Psychobiological Approach to Couple Therapy	 <b>Gordon Neufeld, PH.D.</b> The Heart of the Matter: The Science of Emotions
<b>10:45 AM – 11:00 AM</b>	<i>Mid-Morning Break</i>		
<b>3<sup>RD</sup> KEYNOTE</b> 11:00 AM – 12:00 NOON	 <b>Mel Pohl, M.D.</b> Pain and Addiction Challenges and Controversies	 <b>Michael Stone, MA</b> Fine-Tuning Mindfulness with Neuroscience: How Healing Happens	 <b>Colleen Carney, PH.D.</b> Advanced CBT for Insomnia and with Comorbid Conditions: A Client- Centered Evidence-Based Approach
<b>12:00 NOON – 1:15 PM</b>	<i>Lunch Break</i>		
<b>AFTERNOON CONCURRENT SESSION</b> 1:15 PM – 5:00 PM  <i>Please Choose One Workshop to Attend</i>	 <b>Janina Fisher, PH.D.</b> Healing the Body, Healing the Mind: Somatic Interventions for Treating Complex Trauma   <b>Lynn Lyons, MSW</b> Help Your Anxious Clients: Concrete Strategies for Treating Anxiety in Adults   <b>Mel Pohl, M.D.</b> Mindfulness, Emotions and Pain Treatment	 <b>Richard C. Schwartz, PH.D.</b> The Treatment of Trauma and The Internal Family Systems Model   <b>Stan Tatkin, PSY.D.</b> Working with Complex Couples: An Introduction to PACT a Psychobiological Approach to Couple Therapy   <b>Michael Stone, MA</b> Mindfulness and Beyond: Essential Clinical Skills	 <b>Sheri Van Dijk, MSW, RSW</b> Dialectical Behaviour Therapy: Not Just For BPD!   <b>Gordon Neufeld, PH.D.</b> The Heart of the Matter: The Science of Emotions   <b>Colleen Carney, PH.D.</b> Advanced CBT for Insomnia and with Comorbid Conditions: A Client- Centered Evidence-Based Approach
<b>3:00 PM – 3:15 PM</b>	<i>Mid-Afternoon Break</i>		
<b>AFTERNOON CONCURRENT SESSION</b> 1:15 PM – 5:00 PM	 <b>Janina Fisher, PH.D.</b> Healing the Body, Healing the Mind: Somatic Interventions for Treating Complex Trauma <i>(continuation)</i>   <b>Lynn Lyons, MSW</b> Help Your Anxious Clients: Concrete Strategies for Treating Anxiety in Adults <i>(continuation)</i>   <b>Mel Pohl, M.D.</b> Mindfulness, Emotions and Pain Treatment <i>(continuation)</i>	 <b>Richard C. Schwartz, PH.D.</b> The Treatment of Trauma and The Internal Family Systems Model <i>(continuation)</i>   <b>Stan Tatkin, PSY.D.</b> Working with Complex Couples: An Introduction to PACT a Psychobiological Approach to Couple Therapy <i>(continuation)</i>   <b>Michael Stone, MA</b> Mindfulness and Beyond: Essential Clinical Skills <i>(continuation)</i>	 <b>Sheri Van Dijk, MSW, RSW</b> Dialectical Behaviour Therapy: Not Just For BPD! <i>(continuation)</i>   <b>Gordon Neufeld, PH.D.</b> The Heart of the Matter: The Science of Emotions <i>(continuation)</i>   <b>Colleen Carney, PH.D.</b> Advanced CBT for Insomnia and with Comorbid Conditions: A Client- Centered Evidence-Based Approach <i>(continuation)</i>

Each conference day is eligible for 7 continuing education credit hours.

**Janina Fisher, Ph.D.**



is a licensed Clinical Psychologist and Instructor at the Trauma Center, an outpatient clinic and research center founded by Bessel van der Kolk. Dr. Fisher is known for her expertise as a therapist, consultant and trainer. She is also past president of the New England Society for the Treatment of Trauma and Dissociation, an EMDR International Association Credit Provider, a faculty member of the Sensorimotor Psychotherapy Institute and a former Instructor at Harvard Medical School.

**Lynn Lyons, MSW**



is a clinical social worker and psychotherapist specializing in the treatment of anxious children and their parents, with a special interest in interrupting the generational patterns of anxiety in families. Lynn presents internationally to professional organizations and schools, offering workshops to mental health and medical providers, teachers, school nurses and parents. She is known for her focus on providing concrete skills and integration of humour and clinical hypnosis.

**Mel Pohl, M.D.**



is a Board Certified Family Practitioner. He is Vice President of Medical Affairs and the Medical Director of Las Vegas Recovery Center. Dr. Pohl was a major force in developing the Las Vegas Recovery Center's Chronic Pain Rehabilitation Program. He is certified by the American Board of Addiction Medicine (ABAM), and a Fellow of the American Society of Addiction Medicine (ASAM). He was elected by his peers for inclusion in Best Doctors in America®.

**1<sup>ST</sup> KEYNOTE**  
8:45 AM – 9:45 AM

**“To Err is Human:”  
The Therapeutic Power of Repair**

Like parenting, psychotherapy can be only “good enough.” Therapeutic mistakes are inevitable, but for traumatized and addicted clients, they can feel like breaches of trust that evoke the betrayals of the past. Brain scan research shows that the presence of someone to whom we are safely attached soothes a dysregulated brain and increases the capacity to learn, to think, and to integrate new learning. This keynote offers a repair model and attachment-based interventions that can help client and therapist recover from painful moments and increase the power of the work they do.

**You will learn to:**

- » Track moment-by-moment somatic countertransference
- » Help clients recover from “empathic failures”
- » Use relational neurobiology to repair ruptures in the therapeutic relationship

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Healing the Body, Healing the Mind:  
Somatic Interventions for Treating Complex Trauma**

Recent neuroscience research demonstrates that traumatic experiences tend to be encoded not as autobiographical memory but in the form of body sensations, impulses, autonomic dysregulation, and intense emotions. When these implicit memories are situationally evoked by trauma-related triggers, the overwhelming events of long ago erupt into the client’s present day experience. Addictive and self-destructive behaviour bring temporary relief but soon pose a bigger threat to the client’s well-being as it takes increasingly larger ‘doses’ to achieve the same effect. New neurobiologically-informed somatic techniques can directly address these non- physiological responses related to both trauma and addiction, offering renewed hope for long-term sobriety and emotional relief to victims of abuse.

**2<sup>ND</sup> KEYNOTE**  
9:45 AM – 10:45 AM

**Help Your Anxious Clients:  
Concrete Strategies for Treating Anxiety in Adults**

Anxiety disorders take a tremendous toll on individuals and families. By demanding certainty and comfort in rather dramatic fashion, anxiety grabs control in a way that interrupts lives, promotes avoidance, and leads to depression and physical issues. Anxiety runs in families, with children who are raised by a parent with an anxiety disorder being six to seven times more likely to develop anxiety themselves, thus interrupting this generational pattern of anxiety is critical. This workshop will focus on concrete, strategic interventions that move clients out of the “content trap” of the anxiety disorder and toward a process that interrupts anxiety’s predictable cognitive, behavioural, and physiological patterns. Participants will learn how to immediately and actively engage clients in active treatment using psycho-education and strategic homework assignments that move clients toward uncertainty (a key to successful treatment), address the use of safety crutches and avoidance, and promote the skills of differentiation and problem solving to combat the global avoidance style of anxious people.

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Help Your Anxious Clients:  
Concrete Strategies for Treating Anxiety in Adults**  
*(Continuation)*

**3<sup>RD</sup> KEYNOTE**  
11:00 AM – 12:00 NOON

**Pain and Addiction Challenges  
and Controversies**

Chronic Pain occurs as a complicated web of emotions and physical symptoms. The most common way to treat pain is to use opioid medications which actually complicate the course of chronic pain. For some who develop addiction matters become much worse. This session will review the interactions of pain, suffering and addiction as they interface in your clients with suggestions for intervention and treatment.

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Mindfulness, Emotions  
and Pain Treatment**

Chronic pain is a challenging condition resulting in disability, emotional upheaval and family dysfunction. People concerned about someone with chronic pain suffer from characteristic dysfunctional behaviours that must be addressed if the person with chronic pain is to recover. Often families wonder whether or not the pain is “real” or not, or believe that pain based in emotions is less “valid” than physical pain. This session will review the emotional aspects of pain and suffering from a physiological and psychological standpoint and explain the basis of meditative techniques and the fundamentals of mindfulness practice.



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**Richard C. Schwartz, PH.D.**



began his career as a systemic family therapist and an academic, at the University of Illinois and at Northwestern University. Grounded in systems thinking, Dr. Schwartz developed the Internal Family Systems model (IFS) in response to clients' descriptions of various parts within themselves. He founded the Center for Self Leadership ([www.selfleadership.org](http://www.selfleadership.org)), which offers three levels of trainings and workshops in IFS for professionals and the general public, both in this country and abroad.

**Stan Tatkin, PSY.D.**



is the author of *Wired for Love* and *Your Brain on Love*, and coauthor of *Love and War in Intimate Relationships*. He has a clinical practice in Southern California, teaches at Kaiser Permanente, and is an assistant clinical professor at UCLA. Tatkin developed a Psychobiological Approach to Couple Therapy® (PACT) and together with his wife, Tracey Boldemann-Tatkin, founded the PACT Institute. Dr. Tatkin is on the board of directors of Lifespan Learning Institute.

**Michael Stone, MA**



is a Buddhist teacher, yogi, psychotherapist, and author. He is committed to synthesizing traditional meditation teachings with the insights of Western psychology, philosophy, and medicine. The components of his work include teaching in a variety of retreat, conference, medical, and monastic settings. Michael also presents throughout the world as an acclaimed public speaker. In 2003, Michael founded Centre of Gravity in Toronto.

**1<sup>ST</sup> KEYNOTE**  
8:45 AM – 9:45 AM

**Keynote The Treatment of Trauma and The Internal Family Systems Model**

Developed over the past three decades, the Internal Family Systems (IFS) model offers an empowering and nonpathologizing approach to treating trauma. It helps clients access and undamaged essence from which they heal the parts (subpersonalities) of them that continue to live in shock, pain, and shame. Many trauma therapies propose that the existence of subpersonalities is a sign of pathology — a consequence of the fragmentation of the psyche by traumatic experiences. In contrast, the IFS model sees all parts as innately valuable components of a healthy mind. Trauma does not create these parts, but instead forces many of them out of their naturally valuable functions and healthy states into protective and extreme roles and makes them lose trust in the leadership of the client's Self, which in IFS is an inner essence of calm, confidence, clarity, connectedness and creativity. This essence does not need to be developed or cultivated and is not damaged by trauma. Most people, and particularly trauma clients, have little access to their Self in their daily lives because it is obscured by the protective parts that dominate them. When their parts trust that it is safe to allow their Self to manifest, clients will immediately display those strengths. The goal then becomes not to eliminate parts but instead to help them relax into the knowledge that they no longer have to be so protective. IFS assists them in realizing that they are no longer under the same level of threat and that there exists a natural inner leader who they can trust. This presentation will provide an introduction to the basics of the IFS model and its use with attachment and trauma. An overview of IFS and its clinical applications will be presented and illustrated with video.

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Workshop The Treatment of Trauma and The Internal Family Systems Model**  
(Continuation)

**2<sup>ND</sup> KEYNOTE**  
9:45 AM – 10:45 AM

**Keynote Working with Complex Couples: An introduction to PACT a Psychobiological Approach to Couple Therapy**

PACT helps couples move towards secure functioning by integrating early attachment theory, arousal regulation and neuroscience into intervention. A Psychobiological Approach to Couples Therapy (PACT) is a new and innovative approach to couple work developed by Dr. Stan Tatkin, Clinical Psychologist and Marriage and Family Therapist (MFT) and is quickly gaining a reputation as a highly effective intervention for couples deemed as complex. PACT integrates attachment theory, arousal regulation and neuroscience into assessment and formulation of the couple relationship and interventions that help the couple move towards secure attachment functioning. This keynote and workshop gives an overview of the PACT model and principles through a combined didactic and multimedia delivery of information, group discussion, experiential exercises, clinical video presentations, case consultation, and live case enactments. We will explore how early attachment patterns are somatically imprinted onto the development of the brain and nervous system and how to interpret the consequent somatic responses. The PACT methodology utilizes a bottom-up versus a top-down approach to psychotherapy focusing on very fast, often surprising interventions in order to access implicit systems as revealed in micro-expressions and micro-movements in the face and body, respectively.

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Workshop Working with Complex Couples: An introduction to PACT a Psychobiological Approach to Couple Therapy**  
(Continuation)

**3<sup>RD</sup> KEYNOTE**  
11:00 AM – 12:00 NOON

**Keynote Fine-Tuning Mindfulness with Neuroscience: How Healing Happens**

In this keynote presentation, Michael will explore key scientific findings from mindfulness research and explain how they relate to clinical practice. What is mindfulness? How does it impact healing? What are the key techniques that balance attention, stabilize emotions, and help us relate to both mental and physical distress?

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Workshop Mindfulness and Beyond: Essential Clinical Skills**

In this workshop you will learn key theory that underpins mindfulness meditation; how it can be brought into clinical work; and simple techniques for working with common symptoms like anxiety, depression, pain and trauma. What does a mindfulness intervention actually look like in a session? How does it help us shift our attitude towards experience? Through lecture, practice, and group exercises, we will learn why mindfulness practices support both the facilitator and the client.

UP TO  
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**GROUP DISCOUNTS**  
SEE REGISTRATION PAGE FOR RATES.



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**Sheri Van Dijk, MSW, RSW**



is a Social Worker, registered with the Ontario College of Social Workers and Social Service Workers. She has been working in the mental health field since 2000, most of which she has spent both in private practice and at Southlake Regional Health Centre, working with clients with severe mental health problems. Sheri has had extensive training in mindfulness, DBT and CBT, and has been running DBT-informed groups since 2004.

**Gordon Neufeld, PH.D.**



is a developmental psychologist who consults with parents and professionals regarding children and their problems. He brings to us his unique synthesis of the developmental literature and his exceptional ability to make children understandable. He has a widespread reputation for being able to make sense of difficult and complex problems and for opening doors for change. Dr. Neufeld has a reputation for educating in a most engaging way, speaking with passion and compassion.

**Colleen Carney, PH.D.**



is an Associate Professor and Director of the Sleep and Depression Laboratory at Ryerson University, Toronto, Canada. She is the current President of the Association for Behavioural and Cognitive Therapies (ABCT), Insomnia and Other Sleep Disorders Special Interest Group. Her research has received support from the National Institutes of Health, the Canadian Institute of Health Research, and Ministry of Research and Innovation.

**1<sup>ST</sup> KEYNOTE**  
8:45 AM – 9:45 AM

**Keynote** **Dialectical Behaviour Therapy: Not Just For BPD!**

Dialectical behavior therapy (DBT) is a treatment originally designed for clients with borderline personality disorder (BPD), but it is increasingly being used for many other disorders and emotional difficulties because of its usefulness with clients who are unable to self-regulate. DBT can provide these clients with skills to better manage their emotions.

Rather than the traditional focus on using DBT to treat BPD, Sheri Van Dijk has focused on using this innovative treatment to work with clients facing a broad range of conditions (including depression, anxiety, and bipolar disorder) in which emotional regulation plays a key role.

Through lecture and experiential exercises, you will explore some of the core emotion regulation skills taught in DBT (such as mindfulness, validation, nonjudgmental stance and radical acceptance), and learn how to teach these skills to your clients. In addition, Sheri will look at how many of these DBT strategies help foster the therapeutic relationship, and reduce the likelihood of therapist burnout.

**You will learn:**

- » How to teach your clients some of the more intense DBT skills to help them manage their emotions more effectively
- » How to apply these DBT skills to a range of problems and psychiatric illnesses
- » Dialectical strategies to address clients who are “stuck” in therapy, resulting in inertia or unhealthy mechanisms of escape and avoidance, and how these strategies can lead to transformational healing

**2<sup>ND</sup> KEYNOTE**  
9:45 AM – 10:45 AM

**Keynote** **The Heart of the Matter: The Science of Emotions**

There is much focus today on emotion. Constructs like emotional intelligence, emotional self-regulation, emotional well-being and emotional social learning are being bandied about like never before. Emotion, long dismissed as a nuisance factor, is now confirmed to be at the core of development and well-being. Yet little is being taught about the nature of emotion or the implications for healing and treatment.

New revelations about the nature of emotion have shed fresh light on the pivotal role of emotion in brain development, maturation, mental health, anxiety problems, behaviour problems, attention problems, addiction problems, resilience, recovery, and much more. In fact, most if not all the major diagnosis are found to have significant roots in the limbic system or emotional brain. When distilled to their essence, healing and adaptation are first and foremost emotional processes. In today’s world, given the lack of supportive culture, an understanding of the nature of emotion is now foundational to finding our way through to personal health and well-being, whether this be for ourselves or to foster it in others.

This keynote and follow-up seminar is powerful in the insight it provides as well as the changes it inspires. To make sense of emotion is to make sense of us all. In providing a window to the inner workings of the emotional brain, we also become informed as to how to harness the power of emotion for healing and recovery.

**3<sup>RD</sup> KEYNOTE**  
11:00 AM – 12:00 NOON

**Keynote** **Advanced CBT for Insomnia and with Comorbid Conditions: A Client-Centered, Evidence-Based Approach**

Many clinicians are familiar with the basic strategies of cognitive behavioural therapy for insomnia, but when it comes to implementation in their practice, they can become stuck when encountering difficult cases. The solution to this problem is to provide advanced training that emphasizes the fundamentals of sleep regulation and how to deliver this information in a client-centered way. Additionally, a workshop that emphasizes case formulation teaches clinicians how to adapt CBT as they treat other disorders, such as pain, anxiety, trauma and depression. This workshop also provides training on CBT for insomnia with a focus on counter-arousal strategies to address the arousal complaints in insomnia, including worry and rumination. Knowing how to deliver CBT for insomnia in those with complex problems, including high cognitive arousal, is a must for clinicians who want to integrate CBT for insomnia into their practice. The format for the Institute will be a mix of didactic instruction and experiential exercises, from a leading clinician in the area of comorbid insomnias and cognitive arousal. The experiential exercises will include devising behavioural experiments, fatigue attributions and management, and calculating sleep schedule recommendations from actual Sleep Diaries. The presenter is the author of the only Cognitive Behaviour Therapy self-help workbook written expressly for comorbid insomnias, and a self-help book on cognitive arousal strategies in insomnia.

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Workshop** **Dialectical Behaviour Therapy: Not Just For BPD!**  
*(Continuation)*

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Workshop** **The Heart of the Matter: The Science of Emotions**  
*(Continuation)*

**AFTERNOON CONCURRENT SESSION**  
1:15 PM – 5:00 PM

**Workshop** **Advanced CBT for Insomnia and with Comorbid Conditions: A Client-Centered, Evidence-Based Approach**  
*(Continuation)*

# REGISTRATION FORM

Psychotherapy Conference | Edmonton, AB

## ► STEP 1 – CONTACT INFO

Name \_\_\_\_\_

Position \_\_\_\_\_ School / Organization \_\_\_\_\_

Address \_\_\_\_\_

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Yes, I want to stay informed of upcoming events, exclusive offers, and receive the quarterly e-newsletter.

## ► STEP 2 – SELECT ATTENDING DATE(S) | Please check off attending dates.

I will be attending:  DAY 1 - November 16  DAY 2 - November 17  DAY 3 - November 18

## ► STEP 3 – SELECT APPLICABLE FEE | Please check off applicable registration fee.

Individual	1 DAY	2 DAYS	3 DAYS
Early-bird Fee	<input type="checkbox"/> \$275 + 5% GST	<input type="checkbox"/> \$475 + 5% GST	<input type="checkbox"/> \$625 + 5% GST
Regular Fee	<input type="checkbox"/> \$295 + 5% GST	<input type="checkbox"/> \$495 + 5% GST	<input type="checkbox"/> \$645 + 5% GST

Groups	3-7	8-14	15 OR MORE
Early-bird Fee	\$585 + 5% GST	\$545 + 5% GST	\$525 + 5% GST
Regular Fee	\$605 + 5% GST	\$565 + 5% GST	\$545 + 5% GST

**Early Bird Cutoff Date: November 2, 2016** - Registration and payment must be received by this date.

**Group Rate:** Online registration only and individuals must attend all 3 days to be eligible for group discounts.

**Fee includes:** Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunch not included.

Upon receipt of registration and payment, an emailed confirmation notice will be sent.

## ► STEP 4 – PAYMENT

Visa | Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ / \_\_\_\_\_

MasterCard | Cardholder Name \_\_\_\_\_

Cheque | Signature \_\_\_\_\_ Cheque # \_\_\_\_\_

### 4 WAYS TO REGISTER

 ONLINE registration.jackhirose.com	 EMAIL registration@jackhirose.com
 PHONE or FAX See numbers below right	 MAIL See address below right

### 3 WAYS TO SAVE

 \$10 OFF	ONLINE PROMO CODE: ABTRAUMA registration.jackhirose.com
 \$20 OFF	EARLY BIRD DISCOUNT Deadline: November 2, 2016
 UP TO \$100 OFF	GROUP DISCOUNTS (online only) See Step 3 for Savings & Fees.

### EXHIBITOR OPPORTUNITIES

[JACKHIROSE.COM/EXHIBIT](http://jackhirose.com/exhibit)

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## DISCOUNTED CONFERENCE RATES

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Save \$10 on registration fees for online registrations.  
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### GROUP DISCOUNTS

Groups of 3-7: Save \$20 per person  
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Groups of 15+: Save \$100 per person

Individuals must attend all 3 days to be eligible for group discounts.  
All groups must register online to receive the group discount.  
Register your group at: [registration.jackhirose.com](http://registration.jackhirose.com)

### EARLY BIRD DISCOUNTS

To receive the early bird rate, all conference fees must be paid in full prior to the specified cut-off date. Registration forms submitted without payment will not be processed, and will not guarantee the early bird rate. To receive the regular rate, all conference fees must be paid in full prior to the event date. Participants with a balance owing must pay at the door.

## CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

## HOTEL & ACCOMMODATIONS

Rates may fluctuate. Call and request the Jack Hirose & Associates corporate rate. Guests need to reference "Jack Hirose".  
Book by October 16, 2016.

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## TERMS & CONDITIONS

**Our liability is limited to refunds for conference fees only.** Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

### CANCELLATION POLICY

All cancellations must be submitted by email to [registration@jackhirose.com](mailto:registration@jackhirose.com). Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds** will be available **minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** Exceptions to this will not be granted.

If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

### CERTIFICATES

**Provided for pre-registered attendees only.** Those who register at the door, or want additional copies can download their certificate, free of charge, at [certificates.jackhirose.com](http://certificates.jackhirose.com). Certificates are intended for continuing education credit purposes. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

### RECEIPTS

Automatically sent by email when participants register and pay online. Please be aware spam filters can block email receipts. Additional copies can be downloaded from [certificates.jackhirose.com](http://certificates.jackhirose.com).

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